

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Paulina Flores Jimenez
Immediate Past Chair: Karen Jones
First Vice Chair: Kim Chartrand
Second Vice Chair:

pfloresjimenez@co.slo.ca.us
karenjones@ombudsmanslo.org
kimchartrand@hospiceslo.org

Boards, Commissions and Community Representatives/Volunteers

Behavioral Health Board
Commission on Aging
SLO Health Counts

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District
County Board of Supervisors

Non-Profit Agencies

Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center (CCRC)
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center (ILRC)
Los Osos Cares Senior Program
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program / Meals that Connect
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Village
Transitions-Mental Health Association / Central Coast
Hotline
Tri-Counties Regional Center
United Cerebral Palsy
Veterans Affairs Supportive Housing (VASH)
Wilshire Community Services

Private Organizations

Home Instead Senior Care
Senior Living Consultants
SLG Senior Care
SeaCoast Seniors
Care Connection Transport & Home Services
Geriatric Care & Dementia Consulting

Public Agencies

San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Public Health
Social Services/Adult Services
Library

AGENDA

Friday, October 4th, Date, 2024

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

ANNOUNCEMENTS: (15 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- [San Luis Obispo Master Plan on Aging](#)
 - [Linda Beck, Ombudsman, Long Term Care Ombudsman Services of SLO County](#)
 - [Robert Diaz, Program Manager SLO DSS APS/ Public Authority](#)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- [Annual Review of ASPC Letterhead](#)
- [Short Commission on Aging Update / Report at ASPC Meeting](#)

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- [Healthy Brain Initiative](#)

MEETING LOCATION:

DSS Conference Room #101
3433 S. Higuera St, San Luis Obispo

NEXT MEETING:

November 1st, 2024

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Paulina Flores Jimenez
 Facilitator: Paulina Flores Jimenez
 Recorder: Danielle Raiss

Meeting Called By: Paulina Flores Jimenez
 Time: From: 9:00 AM To: 11:00 AM
 Date: October 4th, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

Members Present:

Mark Shaffer – United Cerebral Palsy & Ride On
 Sally Kruger – SLO Village
 Tami Newcomb – SLO Village
 Jen Miller – SLO PH
 Laura DeLoye – Alzheimer’s Association
 Kim Chartrand – Hospice SLO
 Jeffrey Smith – THMA
 Francine Levin – SLO PH
 Karen Florian – CCRC
 Paul Garth – VASH
 Rod Brown – Geriatric Care Management
 Alex Morris – Geriatric Care Management

Nicki Edwards – SLO Village
 Angela Frank – Los Osos Cares
 Robert Diaz – DSS
 Jerry Mihaic – ILRC
 Linda Beck – SLOMPA
 Maileen Momaradro – LTCD
 Sue Gibson – SLG Senior Care
 Isabella Hagwood – SLO PH ECM
 Laura Edwards – Meals that Connect
 Danielle Raiss - DSS
 Jean Raymond – Dignity Health / SLO Health Counts

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY) |
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| Introductions | |
| Public Comment | <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • DIA DE LOS MUERTOS EVENT AT MISSION PLAZA ON NOVEMBER 3RD <p>SUE GIBSON</p> <ul style="list-style-type: none"> • ALZHEIMER’S ASSOCIATION FUNDRAISER <p>LAURA DELOYE</p> <ul style="list-style-type: none"> • MARKETPLACE ON ZACA LANE PRESENTS POSSIBILITIES FOR RESOURCES TO TABLE • IN COLLABORATION WITH HOSPICE SLO COUNTY, A WORKSHOP ABOUT ANTICIPATORY GRIEF WILL BE HELD ON OCTOBER 29TH <p>KAREN FLORIAN</p> <ul style="list-style-type: none"> • TOOLS FOR CAREGIVERS CLASS UPCOMING ON OCTOBER 15TH (START OF A SIX WEEK SERIES) • PEARLS PROGRAM STILL TAKING REFERRALS <p>SUE GIBSON</p> <ul style="list-style-type: none"> • SENIOR FAIR ON OCTOBER 19TH IN TEMPLETON <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • UNITED CEREBRAL PALSY IS HOLDING ANNUAL CELEBRATION-BY-THE-SEA ON OCTOBER 12TH <p>KAREN JONES</p> <ul style="list-style-type: none"> • OCTOBER 17TH IS “GREAT SHAKE OUT” WHICH IS GREAT OPPORTUNITY FOR REVIEWING EMERGENCY PROCEDURES <p>ANGELA FRANK</p> <ul style="list-style-type: none"> • LOS OSOS CARES ANNIVERSARY FUNDRAISER ON OCTOBER 19TH |
| Member Spotlight | N/A |
| Guest Speakers | <p>LINDA BECK –MASTER PLAN ON AGING</p> <ul style="list-style-type: none"> • CALIFORNIA MASTER PLAN FOR AGING WAS ROLLED OUT IN 2020 • TEN YEAR PLAN ANTICIPATING THAT 25% OF CALIFORNIA POP. WILL BE 60+ IN 2030 • SLO COUNTY IS ALREADY AT 26% OF POP. BEING 60+ • \$9.5 BILLION HAS BEEN FUNDED BY STATE FOR THIS PROGRAM • LOCAL IMPACT FROM THESE FUNDS INCLUDE CALAIM, PEARLS AND CALGROWS • TWO NEIGHBORING COUNTIES (VENTURA AND SANTA BARBARA) HAVE ALREADY ENGAGED IN LOCAL MPAS • THERE IS ALSO AN INITIATIVE TO ESTABLISH A NATIONAL MASTER PLAN • PLAN BEGAN IN 2021 WITH AN INFORMAL WORKING GROUP • IN 2022 THE ASPC BOARD APPROVED OLDER ADULTS STRATEGIC PLANNING COMMITTEE • 2023: COUNTY HAD RECEIVED CDA GRANT FOR DEVELOPING LOCAL MPA WITH CONSULTANT SELECTED, AND STRATEGIC PLANNING COMMITTEE BECAME GRANT ADVISORY COMMITTEE |

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| | <p>ROBERT DIAZ - SLOMPA</p> <ul style="list-style-type: none"> • SLO MASTER PLAN ON AGING IS A MULTI-SECTOR PLAN ACROSS THE LIFESPAN FOR RESIDENTS OF SAN LUIS OBISPO COUNTY • TO MEET THE NEEDS OF THE GROWING POPULATION OF OLDER ADULTS AND PEOPLE WITH DISABILITIES, AS WELL AS ENSURE THAT CALIFORNIA HARNESSSES THEIR CONTRIBUTIONS AND VALUE, GOVERNOR NEWSOM ISSUED AN EXECUTIVE ORDER (EO) IN JUNE 2019 CALLING FOR THE CREATION OF AN MPA FOR THE STATE (EO N-14- 19). THE EO AFFIRMED THE PRIORITY OF THE HEALTH AND WELL-BEING OF OLDER CALIFORNIANS AND THE NEED FOR POLICIES THAT PROMOTE HEALTHY AGING AND CALLED FOR A “BLUEPRINT” FOR STATE GOVERNMENT, LOCAL GOVERNMENT, THE PRIVATE SECTOR, AND PHILANTHROPY TO PREPARE THE STATE FOR THE COMING DEMOGRAPHIC CHANGES AND TO CONTINUE CALIFORNIA’S LEADERSHIP IN AGING, DISABILITY, AND EQUITY. • FIVE GOALS: <ul style="list-style-type: none"> ○ HOUSING FOR ALL STAGES AND AGES ○ HEALTH REIMAGINED ○ INCLUSION AND EQUITY ○ CAREGIVING THAT WORKS ○ AFFORDING AGING • TIMELINE: <ul style="list-style-type: none"> ○ 2021: CALIFORNIA RELEASES STATE MPA. IDENTIFIES 5 BOLD GOALS AND 23 STRATEGIES TO BUILD A CALIFORNIA FOR ALL AGES & ABILITIES BY 2030 ○ 2022: BUDGET ACT OF 2022 ALLOCATES \$4.5 MILLION ONE-TIME GENERAL FUND DOLLARS TO SUPPORT LADAP EFFORTS ○ MARCH 2023: CDA RELEASES REQUEST FOR APPLICATION FOR LADAP GRANT FUNDING WITH AWARDS RANGING BETWEEN \$75K - \$200K ○ JULY 2023: CDA AWARDS COUNTY OF SLO \$182,535.00 TO DEVELOP A LOCAL AGING AND DISABILITY ACTION PLAN ○ 2024-25: COUNTY OF SLO IN COLLABORATION WITH ASPC AND HEALTH MANAGEMENT ASSOCIATES (HMA) DRAFTS LOCAL LEVEL BLUEPRINT • FOCUS POPULATION: LADAP GRANT PROGRAM IS A PLANNING AND CAPACITY-BUILDING PROGRAM FOCUSED ON SUPPORTING COMMUNITIES AND POPULATIONS THAT HAVE BEEN HISTORICALLY UNDER-RESOURCED AND UNDER-SERVED. OUR TARGET POPULATION OF OLDER ADULTS (60+) AND THOSE LIVING WITH DISABILITIES INCLUDES: <ul style="list-style-type: none"> ○ LATINX / SPANISH-SPEAKING INDIVIDUALS ○ RURAL COMMUNITIES WITHIN SLO COUNTY ○ THE MISSING MIDDLE ○ CAREGIVERS • GOALS AND OBJECTIVES: <ul style="list-style-type: none"> ○ IMPROVE COMMUNITY LIVABILITY FOR PEOPLE OF ALL AGES AND ABILITIES ○ ADDRESS SYSTEMIC AGE AND DISABILITY-RELATED INEQUITIES ○ STRENGTHEN CROSS-SECTOR COLLABORATION TO ACCOMPLISH COMMUNITY GOALS ○ TRANSFORM INFRASTRUCTURE AND COORDINATION OF SERVICES TO BETTER INFORM AND SUPPORT INDIVIDUALS AND FAMILIES • SCOPE OF WORK: <ul style="list-style-type: none"> ○ AWARENESS STAGE - CONTRACT CONSULTANT , COMMUNITY ENGAGEMENT, TV / |

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| | <p>RADIO / SOCIAL MEDIA</p> <ul style="list-style-type: none"> ○ PLANNING – ADVISORY COMMITTEE, MEETING WITH LOCAL LEADERS, DEVELOP AND ADMINISTER NEEDS ASSESSMENT ○ DEVELOPMENT – DRAFT LOCAL PLAN, RELEASE EDUCATIONAL DOCUMENT, BOS ADOPTION OF PLAN ○ EARLY IMPLEMENTATION – COMMUNITY EDUCATION & ENGAGEMENT, SLOMPA WEBSITE, PLAN PROMOTION ○ REPORTING AND MONITORY – 6 MONTH / 12 MONTH / FINAL REPORT, FISCAL REIMBURSEMENT, SUCCESS STORIES <ul style="list-style-type: none"> ● SLOMPA TEAM: <ul style="list-style-type: none"> ○ LEAD ORGANIZATION: SLO COUNTY DEPARTMENT OF SOCIAL SERVICES ○ ADVISORY COMMITTEE: ADULT SERVICES POLICY COUNCIL (COMPRISED OF REPRESENTATIVES FROM COMMUNITY-BASED ORGANIZATIONS THAT SERVE OLDER ADULTS AND ADULTS LIVING WITH DISABILITIES) ○ CONSULTANT: HEALTH MANAGEMENT ASSOCIATES (HMA) ● WHY SLOMPA MATTERS: <ul style="list-style-type: none"> ○ PROFESSIONALLY: CONTINUE BUILDING STRATEGIC AND COLLABORATIVE RELATIONSHIPS WITH OTHER SERVICE PROVIDERS ○ BE AWARE OF A CHANGING LANDSCAPE REGARDING SERVICES AND RESOURCES FOR OUR CLIENTS ○ PERSONALLY: PRESENT – FRIENDS & RELATIVES 60+ OR LIVING WITH DISABILITIES ○ FUTURE – YOU! YOUR VOICE IS IMPORTANT! ○ JOIN THE ADVISORY COMMITTEE OR FUTURE FOCUS GROUP TO HAVE A DIRECT IMPACT ON THE PLANNING PROCESS |
| Corrections/Additions to the Synopsis | <ul style="list-style-type: none"> ● SYNOPSIS ACCEPTED WITH NOTED CORRECTIONS. |
| Action Items | <ul style="list-style-type: none"> ● PAULINA FLORES JIMENEZ MOTIONS TO HAVE REPORT-OUT FROM COMMISSION ON AGING AT ASPC MEETING PROVIDED BY JERRY MIHAIC <ul style="list-style-type: none"> ○ MOTION APPROVED |
| Committee Updates as Needed | <p>HEALTHY BRAIN INITIATIVE</p> <ul style="list-style-type: none"> ● NEEDS ASSESSMENT IDENTIFIED A NEED FOR DEMENTIA-FRIENDLY RESOURCES. BECCA CARSEL IS HANDLING THE TASK OF COMPILING DEMENTIA-FRIENDLY RESOURCES AND CATEGORIZING THEM. THIS SHOULD BE READY IN SPRING AFTER SHARING WITH ASPC. THIS RESOURCES PAGE WILL BE CONNECTED TO THE HEALTHY AGING PAGE ON THE COUNTY SITE. ● THE DEMENTIA-FRIENDLY RESOURCES WILL TIE IN WITH THE STATEWIDE “TAKE ON ALZHEIMER’S” CAMPAIGN ● HEALTHY AGING NEWSLETTER IS OPEN TO FOLKS WHO WANT TO PROMOTE THEIR RESOURCES <ul style="list-style-type: none"> ○ THE NEWSLETTER IS SENT THE WEDNESDAY AFTER MONTHLY ASPC MEETINGS, SO ANY INFORMATION TO BE FEATURED SHOULD BE PROVIDED IMMEDIATELY AFTER MEETING ● THERE ARE TWO HBI COHORTS, ONE CONSISTING OF SIX COUNTIES AND THE OTHER OF SEVEN COUNTIES. THE COUNTIES ARE NOW SHARING INFORMATION WITH ONE ANOTHER AND SLO COUNTY IS STANDING OUT IN THAT REGARD. |
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The next meeting is: November 1st, 2024

Time: 9:00 AM

Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101