

ADULT SERVICES POLICY COUNCIL

Boards, Commissions and Community Representatives/Volunteers

Behavioral Health Board
Commission on Aging
SLO Health Counts

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District
County Board of Supervisors

Non-Profit Agencies

Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center (CCRC)
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center (ILRC)
Los Osos Cares Senior Program
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program / Meals that Connect
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Village
Transitions-Mental Health Association / Central Coast
Hotline
Tri-Counties Regional Center
United Cerebral Palsy
Veterans Affairs Supportive Housing (VASH)
Wilshire Community Services

Private Organizations

Home Instead Senior Care
Senior Living Consultants
SLG Senior Care
SeaCoast Seniors
Care Connection Transport & Home Services
Geriatric Care & Dementia Consulting

Public Agencies

San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Public Health
Social Services/Adult Services
Library

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Kim Chartrand

Immediate Past Chair: Paulina Flores Jimenez

First Vice Chair: Yolanda Zamora

Second Vice Chair:

kimchartrand@hospiceslo.org

pfloresjimenez@co.slo.ca.us

yolandaecm@smwisdomcenter.org

AGENDA

September 5th, 2025

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

ANNOUNCEMENTS: (15 Minutes or less)

GUEST SPEAKERS: (30 Minutes)

- **Wisdom Center- Isabel Alsaro**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (50 Mins)

- **Nominate 1st Chair Position**
- **Vote on Member Edits**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Healthy Brain Initiative**
- **SLO MPA**
- **Commission on Aging Report**

MEETING LOCATION:

DSS Conference Room #101
3433 S. Higuera St, San Luis Obispo

NEXT MEETING:

October 3rd, 2025

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Kim Chartrand

Meeting Called By: Kim Chartrand

Facilitator: Kim Chartrand

Time: From: 9:00 AM To: 11:00 AM

Recorder: Danielle Raiss

Date: Friday September 5th, 2025

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

Members Present:

Judith Hemenway – Atascadero Senior Center

Kim Chartrand – Hospice SLO

Danielle Raiss – DSS

Sarah Reinhart – Public Health

Isabel Alfaro – Wisdom Center

Bilma Lazaro – Wisdom Center

Matthew Galbrath – Home Instead

Paulina Flores Jimenez – SLO Public Health

Juliane McAdam – Meals that Connect

Alex Morris – GCM

Rod Brown – GCM

Amelia Grover – Dignity Health

Rachel Alvarez – Dignity Health

Jean Raymond – SLO Health Counts

Nancy Crawford – Care Connection

Karen Florian – CCRC

Sally Kruger – SLO Village Movement

Roberto Cueva – THMA Central Coast Hotline

Nicki Edwards – SLO Village Movement

Paul Garth – VASH

Robert Diaz – DSS

Paige Anderson – SLOCOG

Sue Gibson – SLG Senior Care

Linda Beck – SLOMPA

Clint Weiric – Office of Senator Laird

Liliana Lemus – Pathpoint

Jerry Mihaic – Access Central Coast

Laura Deloye – Alz. Assoc.

Sam Griffith – Health Project Center

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<p>JULIANNE McADAM</p> <ul style="list-style-type: none"> MEALS THAT CONNECT WILL BE HOSTING SECOND ANNUAL PICKLE FESTIVAL ON SATURDAY OCTOBER 4TH AT LAGUNA LAKE PARK <p>NIKKI EDWARDS</p> <ul style="list-style-type: none"> SLO VILLAGE MOVEMENT IS WORKING WITH ADVENTIST HEALTH TO WORK ON FALL PREVENTION PROGRAMS <p>MATT GALBRATH</p> <ul style="list-style-type: none"> HOME INSTEAD HAS BECOME A CENCAL HEALTH PROVIDER <p>CLINT WEIRICK</p> <ul style="list-style-type: none"> BILLS WILL BE VOTED ON THROUGH NEXT FRIDAY AND GOVERNOR WILL HAVE UNTIL OCTOBER 12TH TO REVIEW/VETO <p>NELL BENNETT</p> <ul style="list-style-type: none"> FAMILY CAREGIVER RETREAT TO BE HELD ON SEPTEMBER 13TH <p>SUE GIBSON</p> <ul style="list-style-type: none"> KICK OFF PARTY FOR ALZHEIMER'S WALK WILL BE ON SEPTEMBER 16TH AT WOODSTOCK PIZZA <p>LAURA DELOYE</p> <ul style="list-style-type: none"> ALZHEIMER'S WALK WILL BE ON NOVEMBER 8TH IN MISSION PLAZA
Member Spotlight	N/A
Guest Speakers	<p>ISABEL ALFARO, LEAD CARE MANAGER – ADULT DAY HEALTH CENTER (ADHC)</p> <ul style="list-style-type: none"> THE WISDOM CENTER IS THE ONLY LICENSED, COMMUNITY-BASED PROGRAM ON THE ENTIRE CENTRAL COAST, DESIGNED FOR OLDER ADULTS AND ADULTS WITH DISABILITIES, PROVIDING HEALTH, THERAPEUTIC, AND SOCIAL SERVICES. EMPOWERING OLDER ADULTS AND ADULTS WITH DISABILITIES TO LIVE FULLER, HEALTHIER LIVES THROUGH COMMUNITY-BASED CARE. PERSONALIZED CARE INCLUDING: <ul style="list-style-type: none"> SOCIALIZATION AND PEER SUPPORT EXERCISE AND MOVEMENT PROGRAMS NUTRITIOUS MEALS PREPARED FRESH DAILY AT THE CENTER SOCIAL SERVICES AND CARE COORDINATION SKILLED NURSING AND HEALTH MONITORING PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY TRANSPORTATION ASSISTANCE AVAILABLE QUALIFICATIONS: <ul style="list-style-type: none"> ADULTS 55 AND OLDER WHO FACE MEMORY, MOBILITY, OR HEALTH CHALLENGES ADULTS WITH DISABILITIES VETERANS

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (If Any)
	<ul style="list-style-type: none"> • ENROLLMENT COORDINATOR – BEATRICE LOPEZ <ul style="list-style-type: none"> ○ ADMISSIONS@SMWISDOMCENTER.ORG ○ SHE WILL GUIDE THROUGH THE ENTIRE PROCESS, FROM BEGINNING TO END. ○ HER GOAL IS TO MAKE ENROLLMENT AS SMOOTH AND SEAMLESS AS POSSIBLE. ○ SHE CAN ALSO PROVIDE MORE INFORMATION ABOUT PRIVATE PAY AND VA BENEFITS • ENROLLMENT PROCESS: <ul style="list-style-type: none"> ○ SCHEDULE A TOUR OF THE CENTER ○ SUBMIT A PHYSICAL AND HEALTH FORM ○ COMPLETE A 3 DAY ASSESSMENT
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> • SYNOPSIS ACCEPTED WITH NO CORRECTIONS. PAULINA FLORES JIMENEZ ABSTAINS.
Action Items	<ul style="list-style-type: none"> • CLINT WEIRICK NOMINATED FOR FIRST VICE CHAIR. ALL IN FAVOR. NOMINATION APPROVED. • JOHN BELUTZ NOMINATED FOR SECOND VICE CHAIR. ALL IN FAVOR. NOMINATION APPROVED. • DISCUSSION AMONGST MEMBERS REGARDING EDITS TO BE MADE TO THE AGENDA WHICH IS SENT OUT PRIOR TO MEETINGS. ADDITIONS, REMOVALS, AND OTHER EDITS WERE AGREED UPON. •
Committee Updates as Needed	<p>SLOMPA</p> <ul style="list-style-type: none"> • DISCUSSION CENTERED AROUND A RECENT TOWN HALL PROVIDED BY SALUD CARBAJAL AND JIMMY PANETTA CONCERNING MEDICARE IN SLO COUNTY. <p>COMMISSION ON AGING</p> <ul style="list-style-type: none"> • Meeting took place on August 27th. Area Agency on Aging has a new director. ACC presented on its programs on offer. SLOCOG provided a presentation on self-help transportation tax initiate.

The next meeting is: October 3rd, 2025

Time: 9:00 AM

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