

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Paulina Flores Jimenez  
Facilitator: Paulina Flores Jimenez  
Recorder: Rober Diaz

Meeting Called By: Paulina Flores Jimenez  
Time: From: 9:00 AM To: 11:00 AM  
Date: Friday 7th, 2025

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

### Members Present:

Danielle Raiss – DSS	Robert Diaz – SLO DSS
Jean Raymond – SLO Health Counts / French Hospital	Paulina Flores Jimenez – PH Department
Monique Matta – Library	Brian Weaver – AAA CCCSC
Sarah Covert – Wisdom Center	Juanita Patlan M. – Wisdom Center
Nikki Edwards – SLO Village	Jamie Moothart – ILRC / ACC
Jerry Mihaic – ILRC / ACC	Juliane McAdam – Senior Nutrition Program
Shannon Nava – Wilshire Community Services	Lilah Harvey – Alzheimer’s Association
Laura DeLoye – Alzheimer’s Association	Nancy Crawford – Care Connection
Karen Jones -LTCO	Kim Chartrand – Hospice SLO
Linda Beck – SLOMPA	Betty Purify – PSHHC
Matt Galbraith – Home Instead	Rod Brown – GCM
Mark Shaffer – UCP / Ride On	Angela Frank – Los Osos Cares
Randy Gray – Must Charities	Paul Garth – VASH
Sue Gibson – SLG Senior Care	Paige Anderson – SLOCOG Rideshare
Nell Bennett - CCRC	Nicole Bennet – Wisdom Center
Laura Edwards – Meals that Connect	Supervisor Dawn Ortiz-Legg

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<p>SUE GIBSON:</p> <ul style="list-style-type: none"> <li>• AT HILTON GARDEN INN ON MARCH 5TH FROM 10:00 -11:30 THERE WILL BE WORKSHOP REGARDING SENIOR HOUSING OPTIONS.</li> </ul> <p>JEAN RAYMOND</p> <ul style="list-style-type: none"> <li>• HEALTH FAIR AT THE MISSION IN SAN LUIS OBISPO ON APRIL 6<sup>TH</sup></li> </ul> <p>KAREN JONES</p> <ul style="list-style-type: none"> <li>• ANNUAL SEE’S CANDY CHOCOLATE SALE FOR EMERGENCY FUND IS UPCOMING</li> </ul> <p>LAURA DELOYE</p> <ul style="list-style-type: none"> <li>• SUPPORT GROUPS (BOTH ONLINE AND IN-PERSON) ARE ONGOING</li> <li>• FEBRUARY EDUCATION CLASSES OCCURRING IN SLO COUNTY AND SANTA BARBARA COUNTY</li> <li>• SANTA MARIA SENIOR EXPO IS OCCURRING ON MARCH 14<sup>TH</sup> AT ALLAN HANCOCK COLLEGE</li> </ul> <p>ROD BROWN</p> <ul style="list-style-type: none"> <li>• GCM IS AVAILABLE FOR GUEST SPEAKING</li> </ul> <p>MARK SHAFFER</p> <ul style="list-style-type: none"> <li>• SENIOR-GO CONTRACT WAS AWARDED TO VENTURA TRANSIT SERVICES, MEANING SENIORS WILL NOW ONLY RECEIVE 2 RIDES PER MONTH. INDIVIDUALS IN WHEELCHAIRS RECEIVE DISCOUNT FARES.</li> </ul>
Member Spotlight	N/A
Guest Speakers	<p>JERRY MIHAIC &amp; JAMIE MOOTHART – ACCESS CENTRAL COAST (FORMERLY ILRC)</p> <ul style="list-style-type: none"> <li>• ACC IS A DISABILITY ADVOCACY AND SERVICES NON-PROFIT ORGANIZATION WITH A MISSION TO PROMOTE INDEPENDENT LIVING AND FULL ACCESS FOR INDIVIDUALS WITH DISABILITIES THROUGH ADVOCACY, EDUCATION, AND ACTION IN OUR COMMUNITIES</li> <li>• THE DESIRE FOR EMPOWERMENT AND SELF DETERMINATION FOR PEOPLE WITH DISABILITIES GAVE RISE TO THE INDEPENDENT LIVING (IL) MOVEMENT. THE IL MOVEMENT BEGAN IN THE EARLY 1960S IN BERKELEY, CALIFORNIA, AND OTHER PLACES IN THE UNITED STATES. GROUPS OF INDIVIDUALS WHO HAD DISABILITIES BEGAN WORKING TOGETHER TO ELIMINATE BARRIERS IN THEIR COMMUNITIES AND ATTAIN ACCESS TO PROGRAMS AND SERVICES.</li> <li>• DISMANTLING STEREOTYPES: <ul style="list-style-type: none"> <li>○ MEDICAL MODEL: THE PROBLEM IS THE DISABLED PERSON – NEEDS HELP AND CARE, IS HOUSEBOUND, CONFINED TO A WHEELCHAIR, CAN’T WALK, CAN’T GET UP STEPS/WALK, CAN’T HEAR/SEE, IS SICK, HAS FITS ETC. THIS MODEL WAS CHALLENGED BY THE SOCIAL MODEL.</li> <li>○ SOCIAL MODEL: THE PROBLEM IS THE DISABLING WORLD – BADLY DESIGNED BUILDINGS, STAIRS INSTEAD OF RAMPS, POOR JOB PROSPECTS, ISOLATED FAMILIES, INACCESSIBLE TRANSPORT, DISCRIMINATION, SPECIAL SCHOOLS ETC. THE SOCIAL MODEL STATES THAT THE OPPRESSION AND EXCLUSION PEOPLE WITH IMPAIRMENTS FACE IS CAUSED BY THE WAY SOCIETY IS RUN AND ORGANIZED.</li> </ul> </li> <li>• WHAT DOES PERSON-CENTERED CARE LOOK LIKE?</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>• ELIGIBILITY: HAVING A DISABILITY, DIAGNOSED OR SELF-IDENTIFIED, AND/OR BEING AN OLDER ADULT IS THE ONLY CRITERION. NO DOCUMENTATION IS NEEDED! ALL ACC SERVICES ARE PROVIDED AT NO COST AND WE PRACTICE A "NO WRONG DOOR" POLICY.</li> <li>• ACC SERVICES: <ul style="list-style-type: none"> <li>○ ADVOCACY</li> <li>○ ASSISTIVE TECHNOLOGY</li> <li>○ HOUSING NAVIGATION</li> <li>○ BENEFITS COUNSELING</li> <li>○ PERSONAL ASSISTANCE CONNECTION</li> <li>○ EMERGENCY PREPAREDNESS</li> <li>○ INTERPRETER REGISTRY</li> <li>○ BLIND AND LOW VISION SERVICES</li> <li>○ INDEPENDENT LIVING SKILLS</li> <li>○ TRANSITIONS</li> <li>○ YOUTH TRANSITION</li> <li>○ CAL-AIM</li> </ul> </li> <li>• INFORMATION AND REFERRAL: WHEN YOU INITIALLY CONTACT ACC, YOU WILL BE CONNECTED WITH ONE OF OUR THREE BILINGUAL COMMUNITY INFORMATION COORDINATORS IN EACH OF OUR RESPECTIVE COUNTIES. OUR COMMUNITY INFORMATION COORDINATORS CONDUCT A CONVERSATIONAL NEEDS ASSESSMENT AND CONNECT INDIVIDUALS WITH THE STAFF MEMBER WHO PROVIDES THE NEEDED SERVICES. IN ADDITION, IF AN INDIVIDUAL REQUESTS A SERVICE THAT ACC DOES NOT OFFER, WE ENSURE THEY ARE CONNECTED WITH THE APPROPRIATE ORGANIZATION TO HELP WITH THEIR NEEDS. I&amp;R IS ONE OF ACC'S CORE SERVICES.</li> <li>• AGING AND DISABILITY RESOURCE CENTER (ADRC): THE ADRC PROVIDES LONG-TERM SERVICES AND SUPPORT TO BOTH OLDER ADULTS AND PEOPLE WITH DISABILITIES WHO WANT TO LIVE INDEPENDENTLY IN THEIR COMMUNITY. <ul style="list-style-type: none"> <li>○ ACCESS CENTRAL COAST IS A CORE PARTNER IN THE CENTRAL COAST ADRC (CCADRC) ALONGSIDE THE CENTRAL COAST COMMISSION FOR SENIOR CITIZENS (CCCSC), SERVING SANTA BARBARA AND SAN LUIS OBISPO COUNTIES.</li> <li>○ SERVICES INCLUDE: ENHANCED INFORMATION AND REFERRALS, OPTIONS COUNSELING, SHORT-TERM SERVICE COORDINATION, TRANSITION SERVICES</li> <li>○ ACCESS CENTRAL COAST IS A CORE PARTNER IN THE VENTURA COUNTY ADRC (VCADRC) ALONGSIDE THE VENTURA COUNTY AREA AGENCY ON AGING (VCAAA)</li> </ul> </li> <li>• PEER SUPPORT: <ul style="list-style-type: none"> <li>○ ACC HAS THE UNIQUE ABILITY TO OFFER SERVICES AND SUPPORT FROM A PLACE OF UNDERSTANDING AS INDIVIDUALS WITH DISABILITIES OURSELVES. WE UNDERSTAND HOW FRUSTRATING IT CAN BE TO BE MISUNDERSTOOD. RECEIVING SUPPORT FROM SOMEONE EXPERIENCING A DISABILITY CAN MAKE THE PROCESS OF RECEIVING SERVICES AND WORKING TOGETHER LESS STRESSFUL.</li> <li>○ AT LEAST 51% OF OUR STAFF AND BOARD ARE INDIVIDUALS WITH DISABILITIES. CURRENTLY, ACC MAINTAINS 80% OF OUR STAFF AND BOARD REPRESENTING INDIVIDUALS WITH DISABILITIES.</li> </ul> </li> <li>• SUPPORT GROUPS: CHAT SPACE, SANTA BARBARA PEER SUPPORT GROUP, BLIND/LOW VISION PEER SUPPORT GROUPS</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>• ACC'S QUICK MATCH IS A PERSONAL ASSISTANT REGISTRY. ILRC RECRUITS, INTERVIEWS AND CHECKS REFERENCES, REFERRALS TO CONSUMERS, ILRC IS NOT THE EMPLOYER, FILLS THE GAPS BETWEEN IHSS AND HOME HEALTH AGENCIES</li> <li>• VOICE OPTIONS PROGRAM: <ul style="list-style-type: none"> <li>○ ELIGIBILITY: A DEPARTMENT OF REHABILITATION PROGRAM WITH THE GOAL OF PROVIDING AN IPAD WITH A COMMUNICATION APP TO ASSIST INDIVIDUALS WITH DISABILITIES THAT IMPACT THEIR SPEECH/COMMUNICATION</li> <li>○ PROCESS: INTAKE, AUTHORIZED AGENT FORM, SHORT TERM LOAN IPAD, FUNDING REQUEST, LONG TERM LOAN IPAD</li> </ul> </li> <li>• ACC'S RAPID RESPONSE COMMITTEE IS FACILITATED BY OUR SYSTEMS CHANGE COORDINATOR AND COMPRISED OF BOTH STAFF AND CONSUMERS. ADVOCACY IS AT THE CENTER OF THE RRC. <ul style="list-style-type: none"> <li>○ OUR RAPID RESPONSE COMMITTEE PROVIDED A DISABILITY ALLYSHIP WEBINAR TITLED, "PUTTING YOUR ABLE-BODIED IDENTITY TO GOOD USE, A CONVERSATION. THIS WEBINAR CENTERED ON ENGAGING BOTH PEOPLE WITH DISABILITIES AND THOSE WHO IDENTIFY AS ABLE-BODIED TO DELIBERATE ON VARIOUS APPROACHES TO BEING AN ALLY.</li> </ul> </li> <li>• CAL-AIM SERVICES: MEDI-CAL MEMBERS NOW HAVE ACCESS TO NEW AND IMPROVED SERVICES TO GET WELL-ROUNDED CARE THAT GOES BEYOND THE DOCTOR'S OFFICE OR HOSPITAL AND ADDRESSES VARIOUS SOCIAL NEEDS. ELIGIBILITY CRITERIA DIFFERS DEPENDING ON THE SERVICE TYPE.</li> <li>• CAL-AIM CURRENTLY PROVIDING: <ul style="list-style-type: none"> <li>○ HOUSING TRANSITION &amp; NAVIGATION SERVICES</li> <li>○ HOUSING DEPOSITS</li> <li>○ HOUSING TENANCY &amp; SUSTAINING SERVICES</li> <li>○ NURSING FACILITY TRANSITION DIVERSION TO ASSISTED LIVING</li> <li>○ COMMUNITY/NURSING FACILITY TRANSITION TO A HOME</li> <li>○ ENVIRONMENTAL ACCESSIBILITY ADAPTATIONS (HOME MODIFICATIONS)</li> </ul> </li> </ul>
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> <li>• SYNOPSIS ACCEPTED WITH NOTED CORRECTIONS.</li> </ul>
Action Items	
Committee Updates as Needed	<p>HEALTHY BRAIN INITIATIVE</p> <ul style="list-style-type: none"> <li>• HBI GRANT WAS ABLE TO INCORPORATE EXISTING FALL PREVENTION PROGRAM ALLOWING FOR AN EXPANSION OF CLASSES.</li> </ul> <p>SLOMPA</p> <ul style="list-style-type: none"> <li>• No updates at this time. Robert Diaz will be stepping down as coordinator and Linda Beck will be stepping down as advisory lead at the end of March.</li> </ul> <p>COMMISSION ON AGING</p> <ul style="list-style-type: none"> <li>• January 22<sup>nd</sup> meeting had 24 people in attendance and presented by VA Caregiver Support Program.</li> </ul>

**The next meeting is: March 7th, 2025**

**Time: 9:00 AM**

**Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101**