

## Who can be a provider?

Recipients may choose any provider they find suitable to perform tasks authorized by IHSS, provided that the individual completes all steps of the required provider enrollment process. Potential providers include, but are not limited to:

- Parent
- Spouse
- Family Member
- Friend

### **PUBLIC AUTHORITY**

805-474-2055

## What if I need a provider?

The Public Authority maintains a list of eligible IHSS providers who are able and available to provide services for IHSS recipients. This list is called the Caregiver Registry.

Once approved for IHSS, you can contact your Social Worker to ask for a referral to the Caregiver Registry. The Public Authority will provide you with a list of available Registry providers in your area.

## YOU CAN APPLY

Online

Mail/Fax

In Person

Phone

### **OFFICE LOCATIONS**

#### **ATASCADERO**

**9630 El Camino Real**

*Phone (805) 461-6110*

*Fax (805) 461-6100*

#### **ARROYO GRANDE**

**1086 E. Grand Ave**

*Phone (805) 474-2103*

*Fax (805) 474-2135*



[www.slocounty.gov](http://www.slocounty.gov)



## What is IHSS?

The In-Home Supportive Services Program helps pay for services provided to elderly, blind or disabled individuals, including children, who are limited in their ability to care for themselves and cannot live at home safely without in-home care. IHSS is considered an alternative to out-of-home care, such as nursing homes or board & care facilities.



## Who is eligible?

To be eligible for the program, a person must meet all the following requirements:

1. Disabled, blind or age 65+
2. Eligible to Medi-Cal
3. Unable to live safely at home without help



## What is a needs assessment?

A Social Worker will conduct a home visit to assess what your needs are based on the following criteria:

- Medical Condition
- Abilities & Limitations
- Living Arrangement
- Safety Risks

## What is the cost?

The cost of IHSS services depends on your eligibility to Medi-Cal. Depending on your income, you might have to pay a certain amount toward your medical expenses each month before Medi-Cal will pay. This is called a share of cost.

## What services are available?

IHSS provides a wide range of services to meet individual need and ensure you can live safely at home. Below are some of the services provided by the IHSS program.

### DOMESTIC CARE

- Meal Preparation
- Meal Clean-Up
- Cleaning
- Laundry
- Grocery Shopping

### PERSONAL CARE

- Bathing & Grooming
- Dressing
- Bowel & Bladder
- Feeding
- Ambulation

### PARAMEDICAL

- Injections
- Wound Care
- Feeding Tubes
- Catheters
- Glucose Testing