

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

<https://www.slocounty.ca.gov/coa>

Meeting Date: Wednesday April 23, 2025

Time: 10:00 am - Noon

Location: DSS Building, 3433 South Higuera Street, Room #101, SLO

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Check/announce meeting being recorded.
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, events* - 2 min. max

Introductions: Members and Guests (please provide your name, Commission position, and brief agency description)

Member roll call: Chair establish Quorum.

Approve Minutes: March 26, 2025

Presentation:

**Know How to Go with SLOCOG
Senior Transportation Options for Bike Month
& Cycling Without Age
Take a Ride on the e-Trike and CWA Trishaw!**

Presenters:

**Rose Levinson-Woertz and Paige Anderson
Program Coordinators for SLOCOG Rideshare ~ Bike SLO
~ Know How To Go Seniors ~ Cycling Without Age**

Break 10 minutes

Reports:

ASPC (5 min) – Jerry Mihaic
AAA (5 min) – Susannah Fenton
Scam Report – Isabella Gaddinni DA VW
Membership Update and Co-Chair Report – Anita and Maryanne

Next Meeting: May 28, 2025

DSS Building, 3433 South Higuera Street, Room #101, SLO

***Please submit agenda and program items, ideas, and feedback to
slocommissiononaging@gmail.com***

SAN LUIS OBISPO COUNTY COMMISSION ON AGING
Department of Social Services Building, Conference Room #101 3433 South Higuera,
San Luis Obispo, CA 93401
April 23rd, 2025 Minutes

Members Present: Maryanne Zarycka, Sue Gibson, Anita Shower, Paul Worsham, Laura Edwards, Jerry Mihaic, Charmaine Petersen, Mike Bossenberry, Louise Justice, Kristin Allen, Jessica Yates, Danielle Raiss, Dianna Votaw, Claryce Knupper, Jamie Moothart, Paige Anderson, Paulina Flores Jimenez

Members Absent: Susannah Fenton, Alexis Okumura, Ilene Brill, Rod Brown

Call to Order: 10:00 am

Flag Salute.

"Meeting is Being Recorded" Announcement

Public Comment:

Kristin Allen

- HIDDEN CREEK @ SLO Film Festival Showings Monday, Apr 28th, 3:00 PM @ Downtown Centre Cinemas

Mike Bossenberry

- May Mental Health Awareness Month
- Openings Minds Art Show May 2nd – May 31st, 2025
 - Transitions-Mental Health Association (TMHA), The Bunker SLO, and SLO County Arts host the annual 'Opening Minds Art Show' to explore the intricate connections between mental health and identity through the power of create expression. This year's theme focuses on how mental health shapes our sense of self, fostering dialogue around topics about resilience, recovery, stigma, and empowerment
- SLO County Wellness Center Open Houses
 - Safe Haven Open House on Friday, May 16th from 12pm- 3pm at 203 Bridge St. Arroyo Grande, CA 93420
 - Hope House Open House on Friday, May 23rd from 12pm-3pm at 1306 Nipomo St. San Luis Obispo, CA 93401.
 - Life House Open House on Friday, May 30th from 11am-3pm at 5850 West Mall Atascadero, CA 93422
- Older Adult Mental Health Awareness Day Symposium
 - The National Council on Aging is proud to host the 8th annual Older Adult Mental Health Awareness Day Symposium. This event is co-sponsored with the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services

Administration. Registration is free and includes a full day of sessions on how to best meet the mental health needs of older adults. In partnership with Rush University's E4 Center of Excellence for Behavioral Health Disparities in Aging, free continuing education (CEs) will be offered for several professions.

- Main topic anxiety

Paul Worsham

- Santa Maria Open House Event
- Join VA Greater Los Angeles Healthcare System at our Santa Maria VA Clinic Open House event. We will provide health care education and services to the community.
- When: Tue. May 27, 2025, 10:00 a.m. – 1:00 p.m.
- Where: Santa Maria VA Clinic
1550 East Main Street
Santa Maria, CA

Danielle Raiss

- DSS applied for a grant that would give universal income to older adults targeted population is those that are homeless or at risk of homelessness
- Decision will be known later today
- About \$750/month for a term of 12 months -24 months

Jerry Mihaic

- Walk for Autism & Resource Fair 2025
- When: April 27th 12pm – 4pm
- Where: Mission Plaza
989 Chorro St.
San Luis Obispo

Approval of March 2025 Minutes: First motion was made by Kristin Allen to approve minutes with corrections noted, Claryce Knupper seconded the motion.

Presentation by Rose Levinson-Woertz and Paige Anderson, Program Coordinators for SLOCOG Rideshare

Know How to Go with SLOCOG: Rose and Paige presented their programs and changes taking place in SLO transportation, including the new publication of the transportation booklet.

Senior Transportation Options for Bike Month & Cycling Without Age: SLO streets are being improved to accommodate cycling and create a safer cycling experience. A raffle is in progress to win an E-Bike and entry forms can be obtained through SLOGOC.

Take a Ride on the e-Trike and CWA Trishaw! Paige and Rose brought an e-Trike and CWA Trishaw for show and ride! Members and guests stepped out to the parking lot to take a ride, and experience these fun bikes in person.

ASPC

Jerry Mihaic

- Presenter for April Robert Diaz on SLO Master Plan of Aging
- SLO Village Movement new name for SLO Village
- Clarification on ASPC and COA county website differences

AAA

N/A

Scam Update

Isabella

- This month “selling scams”
- Targeting elders that are selling a car on craigslist, facebook
- Never sell anything alone
- Payment scam for vehicle
- Push for cash as payment

Co-Chair Report

- Housing Authority new building is opened for business
- Now a 2 story structure

Next Meeting: May 28th, 2025 at Conference Room #101 3433 South Higuera, San Luis Obispo, CA 93401

Minutes submitted by Gabriela Garcia. Reviewed by Co-Chairs.