

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: August 27, 2025

Time: 10:00 am - Noon

Location: **DSS Building, 3433 South Higuera Street, Room #101, SLO**

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Check/announce meeting being recorded.
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, scams - 2 min. max*

Introductions: Members and Guests (please provide your name, Commission position, and **brief** agency description)

Member rollcall: Chair establish Quorum

Approve Minutes: July 23, 2025

Presentation:

Access Central Coast (was ILRC): Providing Independent Living Solutions and Advocacy for Aging and Disabled Populations

Presenters:

Jerry Mihaic, Community Information Coordinator
Jamie Moothart, Community Integration Specialist

Special Report

SLOCOG “Self-Help” Transportation Tax Initiative (15 min) – Annie Bowsky

Reports:

ASPC (2 min) – Jerry Mihaic

AAA (2 min) – Representative

Scam Report (2 min) – Isabella Gaddinni DA VW

Co-Chairs – Anita and Maryanne

Next Meeting: September 24, 2025 – Suicide Prevention & Awareness Month
DSS Building, 3433 South Higuera Street, Room #101, SLO

SLOCOA Meets the 4th Wednesday of every month!
(check Nov and Dec for holiday changes)

Please submit agenda and program items, ideas, and feedback to
slocommissiononaging@gmail.com

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

**Department of Social Services Building, Conference Room #101 3433 South Higuera,
San Luis Obispo, CA 93401
August 27th, 2025 Minutes**

Members Present: Maryanne Zarycka, Anita Shower, Laura Edwards, Jerry Mihaic, Mike Bossenberry, Danielle Raiss, Paulina Flores Jimenez, Ilene Brill, Charmaine Petersen, Kristin Allen, Louise Justice, Paige Anderson, Jamie Moothart, Susannah Fenton, Jessica Yates, Rod Brown

Members Absent: Sue Gibson, Paul Worsham, Alexis Okumura, Dianna Votaw, Nicole Bennett, Claryce Knupper

Call to Order: 10:00 am

Flag Salute.

"Meeting is Being Recorded" Announcement

Public Comment:

Ilene Brill

- America Packing Source is a service located in the Central Coast offering on-site shipping , packing and moving services.
The business specializes seniors deal with their shipping and packing needs by providing an on-site service for anyone who needs to pack-n-ship items.
- Very reasonable prices
- Spoke with representative Eric Martinez 805-363-7831 call NO TEXT

Mike Bossenberry

- National Suicide Prevention month is in September
- Many events happening with this topic, please look at the Transitions Mental Health Association for dates/time, flyers

Member

- Sept 17th Saint Patrick Church in Arroyo Grande CHP will be conducting a presentation to the seniors
- Most current laws and topics related to senior driving
- A proof of attendance/certificate will be provided to seniors who may present to their auto insurance and MAY get a discount

Rod Brown

- South County Regional Resource Fair has been canceled due to CCPN organizing the same resource fair on the same date

Member

- SLO Pickle Festival
- Saturday October 4th, 1-4pm
- 21+ event

Laura DeLoye

- Flyers of in-person and online support groups for caregivers all around the county were handed out
- Series of Dementia Education classes are being offered
- Family caregiver free retreat Sept. 13th for caregivers, register

Member

- Survey opened for priority of senior transportation to potentially receive funding

Approval of July 2025 Minutes: Motion to approve minutes for July as written with corrections notated. First motion made by Kristin Allen second motion Laura Edwards; approved

Presentation:

Access Central Coast (ACC) (previously ILRC)

Providing Independent Living Solutions and Advocacy for Aging and Disabled Populations

Presenters:

Jerry Mihaic, Community Information Coordinator

Jamie Moothart, Community Integration Specialist

Organization

- ACC is a disability advocacy and services non-profit organization with a mission to promote independent living and full access for individuals with disabilities through advocacy, education, and action in our communities
- Based in Santa Barbara and 5 offices and one being in SLO
- Headquarters in Santa Barbara
- After 49 years the name changed from ILRC to ACC
- No charge for the services we provide
- Collaboration with various organizations, non-profit, federal, state, and county
- Every office has a bilingual staff member

ACC Services:

- Systems Change Advocacy
- Emergency and Disaster Preparedness Services
- Advocacy
- Assistive Technology
 - Wheelchairs, walkers computers, ramps, home modification etc....
- Housing Navigation
- Benefits Counseling
 - Assistance in applying for SSI, Cal-Fresh, Medi-Care etc... federal, state or local benefits that are offered
- Personal Assistance
- Deaf Services
- Interpreting
 - American Sign Language (ASL) Interpreter Registry to ensure Communications Access at meetings, medical appointments, etc.
 - Cuesta College also provides interpreters
- Blind and Low Vision
 - Peer support group every 3rd Wednesday of the month created for those with low vision open to anyone 18 and over

- Popular program/service
- Independent Living Skills
- Youth Transition
- Transitions
- Peer Support
 - ACC has the unique ability to offer services and support from a place of understanding as individuals with disabilities ourselves. We understand how frustrating it can be to be misunderstood. Receiving support from someone experiencing a disability can make the process of receiving services and working together less stressful.
- Cal-AIM
 - Housing transition & navigation services
 - Housing deposits
 - Housing tenancy & sustaining services
 - Nursing facility transition diversion to assisted living
 - Community/nursing facility transition to a home
 - Environmental accessibility adaptations (home modifications)
- Aging and Disability Resource Center (ADRC):
 - The ADRC provides long-term services and support to both older adults and people with disabilities who want to live independently in their community
- Information and Referral
 - When you initially contact ACC, you will be connected with one of our three bilingual community information coordinators in each of our respective counties. Our community information coordinators conduct a conversational needs assessment and connect individuals with the staff member who provides the needed services.
 - NO wrong door policy
- Services for veterans
 - Matching them with different organizations or agencies
 - Donating if available
- Support Groups:
 - Chat space, Santa Barbara peer support group, blind/low vision peer support groups
 - ACC'S quick match is a personal assistant registry. ACC recruits, interviews and checks references, referrals to consumers, ACC is not the employer, fills the gaps between IHSS and home health agencies
- Voice Options Program
 - Eligibility: A department of rehabilitation program with the goal of providing an iPad with a communication app to assist individuals with disabilities that impact their speech/communication
 - Process: Intake, authorized agent form, short term loan iPad, funding request, long term loan iPad

ASPC

Jerry Mihaic

- Wisdom Center- Nicole Bennett, MPH, Executive Director of CalAIM Programs & Yolanda Zamora, Community Relations Specialist CalAIM Programs (Part I)

AAA

- Submitted final draft for area plan
- Voted on Friday
- Opened up some grants for transportation

Scam Update

Isabella Gaddinni DA VW

- Financial Elder Abuse
 - Most common abuse
 - Financial exploitation sometimes by a caregiver or family member

Co-Chair Report

- Any information that you want to forward please send a link or picture to post of the FB page
- Recollection of topics of June Brainstorm Session
- Top topics Health and Wellbeing and Housing Senior Accessibility

Next Meeting: September 24th, 2025 at Conference Room #101 3433 South Higuera, San Luis Obispo, CA 93401

Minutes submitted by Gabriela Garcia. Reviewed by Co-Chairs.