

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: February 25, 2026
Time: 10:00 am - Noon
Location: **DSS Building, 3433 South Higuera Street, Room #101, SLO**

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, scams - 2 min. max*

Introduction: Members and Guests (please provide your name, Commission position, and ***brief*** agency description)

Member rollcall: Chair establish Quorum

Approve Minutes: January 28, 2026

Presentation: Santa Maria Wisdom Center
Adult Day Health Care (ADHC) and more!
Smart Alternative to Healthy Senior Living

Presenter: Yolanda Zamora, Community Relations & Education Specialist

10 minute break (time permitting)

Action Item:
Sam Griffith: Meet and vote in new Alternate Member at Large

Reports:
ASPC (2 min) – Jerry Mihaic
Scam Report (2 min) – Isabella Gaddinni DA VW
Co-Chairs – Anita and Maryanne

Next Meeting: March 25, 2026 – Senior Aging in Place
DSS Building, 3433 South Higuera Street, Room #101, SLO

***SLOCOA Meets the 4th Wednesday of every month!
(November will be 3rd week 11/18 – No meeting in December 2026)***

***Please submit agenda and program items, ideas, and feedback to
slocommissionaging@gmail.com***

SAN LUIS OBISPO COUNTY COMMISSION ON AGING
DSS Building, 3433 S. Higuera Street, Room 101, SLO
February 25, 2026 Minutes

Members Present: Maryanne Zarycka, Anita Shower, Paul Worsham, Mike Bossenberry, Jamie Moothart, , Rod Brown, Claryce Knupper, Louise Justice, Jerry Mihaic, Charmaine Petersen, Vanessa Aguilera/Nicole Bennett, Alicia (DSS), Paige Anderson, Sam Griffith, Dianna Votaw/Linda Beck, Isabella Gaddini, Paulina Flores Jimenez

Members Absent: Ilene Brill, AAA Rep, Dist 2 Sup Rep, Dist 5 Sup Rep

Call to Order: 10:00 am

Flag Salute.

Public Comment:

Jerry M

- Veteran sponsored Resource Fair at the Elks in Atascadero 2/28

Laura D

- Announced training and Alz support groups. Sent fliers around. Contact Laura or <https://www.alz.org/cacentralcoast> for more details.

George M.

- Veteran Appreciation in Solvang March 28, Upcoming Camp Roberts Marathon 3/21, and Event at Paso VFW

Louise J.

- Friends of the Library 'Books by the Bag' event – So County

Introductions and Quorum Established

Approval of January 2026 Minutes: Motioned and 2nd, all approved-passed

Presentation: Santa Maria Wisdom Center (*Presenter's PowerPoint can be found on SLOCOA webpage*)

Presenter: Nicole Bennett, Exe Dir Wisdom Center / Cal-Aim

Reports:

ASPC – Jerry Mihaic – AAA updates see website

Scam Report – Isabelle Gaddini DA VW: Elder abuse; how to identify, what to say, actions to take. "Trauma and shame grows in isolation".

Co-Chairs - MZ and Anita – June 24 mini-resource fair at Paso Robles Senior Center! Limited space; Commission members first priority.

Working with IT on possible Resource Fairs active master resource listing.

End of terms June 30th – recruiting for replacements talk next month.

Minutes by 032226 mz

Adult Day Health Center (ADHC)

Located at 2255 S Depot St, Santa Maria CA 93455

Our services reach across most of Santa Barbara and
San Luis Obispo Counties

*Presented by:
Nicole Bennett,
Executive Director of CalAIM Programs*



What is Adult Day Health Care (ADHC)?

Community Based Program



Designed For Older Adults & Adults with Disabilities



Health + Social Support



All In One Place.....

What Happens At ADHC?



Transportation



Nursing Care



Nutritious Meals



Social Work Services



Physical, Occupational & Speech Therapy



Activities & Socialization

Why ADHC Matters?

**Creates
Independence**

**Support
For
Families**

**Social
Connection**

**Quality of
Life**

**Safety &
Supervision**



Who Qualifies?

- **Older Adults:**
Adults 55 years and older who face memory, mobility, or health challenges.
- **Adults with Disabilities:**
Our program supports adults 18+ living with physical, cognitive, or developmental disabilities.
- **Veterans:**
We proudly serve Veterans who qualify for VA in-home care services.

Medicaid/Cen-Cal



Local. quality. Healthcare. www.cencalhealth.org

Group 110 SB HEALTH INITIATIVE	Member ID Number 90000000000000F
Member Name JENNY JACKOB	24/7 Nurse Advice Line 1-800-542-5222
Primary Care Provider (PCP) Dr. Jones (805) 867-5309	Pharmacy Help Line 1-800-977-2273 BIN: 022659 PCN: 6334225

Member Services / Servicios para Miembros 1-877-814-1861

VA Health Insurance



VA | U.S. Department of Veterans Affairs

Private Pay Options



Private Pay

Enrollment Support

One dedicated coordinator guiding families every step of the way



Referral → Tour → Enrollment



Enrollment Process for the Adult Day Health Care Center (ADHC)

Medi-Cal/CenCal

- Tour of ADHC
- Health & Physical Form(H&P)
- 3 Day Assessment

VA Insurance

- Tour of ADHC
- Health & Physical Form(H&P)
- 1 Day Assessment

Private Pay

- Tour of ADHC
- Assessment

Here's a 15-second video that shows a little bit of what we do. We have so much more to offer, so we invite you to come visit us and tour the center.



Respite Services

CenCal Health & Veterans

What are Respite Services?

Respite Services are provided to caregivers of members who require intermittent temporary supervision. The services are provided on a short-term basis because of the absence or need for relief of those persons who normally care for and/or supervise them and are non-medical in nature.

Limit to 336 hours per calendar year (CenCal Health)

Respite Services

CenCal Health & Veterans

Who is eligible?

Individuals who live in the community and are compromised in their Activities of Daily Living (ADLs) and are therefore dependent upon a qualified caregiver who provides most of their support, and who require caregiver relief to avoid institutional placement.

Respite Services

CenCal Health & Veterans

Wisdom Center CBAS/ADHC

Respite Services Interest Form – CalAIM Pilot Program

Thank you for your interest in the upcoming Respite Services Program through the Wisdom Center CBAS/ADHC.

This form will help us identify eligible members and plan the development of our initial pilot. We will contact you as soon as additional program details are available.

Member Information

Full Name: _____

Date of Birth (DOB): ___/___/___

CenCal Health Member ID #: _____

Primary Contact Phone Number
(For member or caregiver): _____

Name of Caregiver: _____

Location/Times available

Please select the region where services would be needed:

- North County (San Luis Obispo County)
- South County (San Luis Obispo County)

Please check which schedule would fit best for you if available

- Approximate bus pickup 8:00 am- bus drop off 1:45 pm
- Approximate bus pick up at 8:00 am, bus drop off at 3:45 pm

Eligibility Requirements for CalAIM Respite Services

To be eligible for Respite Services through the CalAIM program, the member must meet **all** of the following criteria:

1. Must be enrolled in a Medi-Cal managed care plan (CenCal Health).
2. Has a caregiver who provides ongoing support and may benefit from temporary relief.
3. Has a medical, behavioral health, or functional need that may be supported by structured respite care services.
4. Participation is voluntary and subject to availability within the pilot program.

(Staff will verify eligibility based on CenCal Health criteria once the program opens.)

Additional Information (Optional)

Please describe any specific needs, caregiver concerns, or reasons for requesting respite services:

Acknowledgment

This form is for **interest only** and **does not guarantee enrollment** in the Respite program. The Wisdom Center will contact you **once the first pilot cohort is finalized**.

I understand this is an interest form only and will be contacted once additional program details are available.

Signature (optional): _____ Date: _____

Questions?

Contact Us:

The Wisdom Center:

2255 S Depot St, Santa Maria, CA 93458

805.354.5320

info@smwisdomcenter.org