

# Health and Safety of Transgender Youth in San Luis Obispo County

## Central Coast Coalition for Inclusive Schools

<i>Data are drawn from responses from students in 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grades taking the California Health Kids Survey (CHKS)</i>	2013 SLO		2015 SLO		2017 SLO		15-17 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
	77 1.2%	6287 98.8%	69 1.0%	6875 99.0%	150 1.6%	9169 98.4%	1.5%	98.5%
<b>Attendance</b>								
How many times did you skip school or cut class in the past 12 months? (more than once a week)	18.2%	3.1%	4.4%	3.1%	23.0%	3.2%	19.6%	2.7%
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (past 30 days)	20.8%	11.9%	39.1%	11.8%	38.0%	11.5%	27.1%	9.5%
Missed school because you didn't feel safe at school? (past 30 days)	9.1%	1.5%	12.3%	1.5%	22.7%	1.9%	15.1%	1.9%
<b>Safety</b>								
How safe do you feel when you are at school? (unsafe or very unsafe)	26.0%	5.2%	20.0%	5.0%	37.6%	6.5%	34.5%	6.6%
Have you been in a physical fight? (past 12 months)	29.9%	10.8%	20.0%	9.4%	42.6%	11.1%	38.9%	11.3%
Have you carried a gun at school? (past 12 months)	19.5%	1.8%	7.8%	1.0%	30.1%	1.6%	30.3%	2.1%
Did you ever seriously consider attempting suicide? (past 12 months)	26.0%	12.0%	46.0%	16.6%	57.9%	16.9%	48.7%	15.6%
Did you ever feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities? (past 12 months)					68.7%	27.4%	55.3%	28.3%
<b>Bullying and harassment</b>								
<b>In the past 12 months on school property have you...</b>								
• Been pushed, shoved, slapped, hit, kicked by someone 1 or more times	40.3%	22.3%	41.5%	20.6%	54.4%	22.9%	45.9%	21.3%
• Been afraid of being beaten up?	24.7%	13.4%	26.2%	12.5%	43.0%	13.8%	40.7%	13.4%
• Had rumors/lies spread about you?	42.9%	38.9%	44.6%	38.0%	61.7%	39.1%	53.4%	34.0%
• Had sexual jokes, comments, or gestures made to you?	44.2%	37.4%	59.4%	33.4%	68.9%	33.6%	58.0%	29.8%

• Been made fun of because of your looks or way you talked?	44.2%	33.0%	61.5%	31.2%	65.1%	32.1%	54.5%	30.6%
• Been threatened with harm or injury?	31.2%	10.8%	24.6%	8.3%	47.3%	9.1%	38.4%	8.9%
• Been made fun of, insulted, or called names?	47.4%	40.5%	57.8%	37.3%	67.1%	37.7%	55.9%	34.2%
• Were harassed or bullied for your race, ethnicity, or national origin?	34.2%	13.2%	14.1%	11.5%	38.9%	13.0%	38.2%	14.5%
• Were harassed or bullied for your religion?	18.7%	9.0%	10.9%	7.7%	38.3%	8.2%	33.4%	7.2%
• Were harassed or bullied for your gender?	31.6%	7.2%	30.2%	7.7%	50.7%	8.4%	45.2%	7.8%
• Were harassed or bullied because you are gay or lesbian or somebody thought you were?	34.7%	7.7%	40.6%	7.0%	58.8%	7.5%	48.2%	7.9%
• Were harassed or bullied because physical or mental disability?	14.9%	4.6%	16.9%	4.0%	41.3%	4.5%	35.7%	4.2%
• Were harassed or bullied for any other reason?	33.3%	21.4%	44.6%	18.7%	53.5%	19.1%	45.8%	17.7%

	2013 SLO		2015 SLO		2017 SLO		2017 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
<b>Protective Factors</b> <b>% responding “disagree” or “strongly disagree”</b>								
I feel close to people in this school.	16.0%	10.9%	24.6%	12.6%	40.0%	12.9%	34.4%	13.5%
I am happy to be at this school.	32.5%	12.9%	35.4%	12.4%	48.0%	14.6%	38.1%	14.0%
I feel like I am part of this school.	28.6%	14.7%	36.9%	14.6%	39.8%	15.4%	40.8%	16.2%
Teachers at this school treat students fairly.	24.7%	14.1%	24.6%	13.6%	33.3%	14.6%	39.5%	16.9%
I feel safe at my school.	23.4%	7.9%	25.0%	8.2%	31.8%	9.1%	36.3%	11.5%
I do interesting activities at my school.	24.0%	14.2%	21.9%	15.5%	36.1%	16.5%	35.3%	17.6%
I do things that make a difference at school.	34.7%	26.5%	39.7%	25.2%	42.7%	25.7%	46.1%	29.1%
<b>Caring relationship</b> <b>% responding “not at all true” to:</b> <b>At my school there is a teacher or some other adult</b>								
...who really cares about me.	21.1%	9.7%	18.5%	8.5%	31.9%	9.3%	32.5%	11.3%
...who tells me when I do a good job.	18.4%	6.9%	13.8%	5.8%	29.7%	7.0%	29.7%	8.8%
...who notices when I am not there.	25.0%	12.1%	23.8%	10.8%	31.0%	12.0%	34.1%	14.1%
...who always wants me to do my best.	17.3%	4.4%	4.6%	3.8%	23.0%	4.6%	26.8%	5.8%
...who listens when I have something to say.	24.7%	8.3%	15.4%	7.7%	25.7%	8.5%	31.1%	9.8%
...who believes that I will be a success.	27.3%	8.0%	15.4%	6.4%	25.9%	7.1%	31.4%	8.7%

	2013 SLO		2015 SLO		2017 SLO		2017 California	
	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans	Trans	Non-Trans
<b>Lifetime Substance Use</b>								
Cigarettes	27.3%	15.4%	21.5%	10.9%	43.9%	10.6%	37.3%	7.9%
Tobacco	13.2%	7.6%	9.2%	5.6%	41.2%	6.2%	32.3%	4.2%
Alcohol	51.9%	37.2%	46.2%	31.0%	61.1%	29.5%	54.2%	26.3%
Marijuana	38.2%	26.1%	40.0%	22.3%	57.1%	21.4%	48.3%	18.5%
Inhalants	18.2%	6.2%	10.0%	4.9%	43.2%	5.1%	35.1%	5.0%
Cocaine/Methamphetamine	9.1%	5.8%	15.4%	4.1%	40.6%	6.1%	35.1%	4.1%
Ecstasy	16.3%	8.5%	12.2%	6.9%	41.0%	8.0%	36.4%	5.2%
Prescription Painkillers	20.5%	21.2%	26.0%	13.2%	49.1%	14.3%	41.1%	11.1%
Diet Pills	16.3%	6.4%	4.1%	5.6%	33.7%	6.5%	35.1%	5.9%
Ritalin or Adderall	11.4%	8.4%	10.2%	7.0%	38.8%	8.3%	35.9%	5.4%
Cold Medicine	40.9%	37.7%	30.0%	29.3%	55.7%	29.8%	50.2%	30.8%
Other Drug	13.6%	10.7%	18.5%	5.5%	40.5%	8.6%	42.6%	14.1%
<b>Past 30 Day Substance Use</b>								
Cigarettes	13.0%	7.3%	9.4%	5.0%	34.9%	5.1%	31.3%	3.6%
Tobacco	9.4%	2.9%	4.6%	2.0%	32.9%	2.6%	28.6%	2.0%
Alcohol (One Drink)	25.9%	21.1%	26.6%	17.7%	47.9%	17.5%	41.9%	14.3%
Alcohol (Five or More Drinks)	21.8%	13.4%	15.6%	9.2%	36.0%	10.2%	35.5%	7.2%
Marijuana	21.8%	15.0%	26.2%	12.7%	44.2%	12.5%	39.7%	10.3%
Inhalant	5.5%	1.9%	6.2%	1.3%	34.9%	2.1%	30.8%	2.4%
Prescription Painkillers	9.1%	5.4%	12.0%	4.7%	37.4%	6.0%	34.4%	4.6%
Other Drugs	7.3%	3.4%	9.4%	2.5%	32.1%	3.5%	32.3%	3.1%
Two or More Drugs	11.4%	9.8%	16.0%	7.3%	40.2%	8.0%	35.1%	5.6%

SLO County Participant Demographics 2013, 2015, and 2017

N = 6623

M = 51.1%

F = 48.5%

7<sup>th</sup> grade = 2134 (32%)

9<sup>th</sup> grade = 2153 (32.3%)

11<sup>th</sup> grade = 1927 (28.9%)

White	3268	(54.2%)
Hispanic/Latino	2531	(38.8%)
Mixed	2198	(36.4%)
Am. Indian/Alaskan	177	(2.9%)
Asian	171	(2.8%)
Black or African American	145	(2.4%)
Hawaiian/Pacific Isl.	75	(1.2 %)

N = 6564

M = 51.0%

F = 49.0%

7<sup>th</sup> grade = 2031 (33.8%)

9<sup>th</sup> grade = 2100 (35.0%)

11<sup>th</sup> grade = 1874 (31.2%)

White	3317	(54.3%)
Hispanic/Latino	2433	(37.7%)
Mixed	2284	(34.8%)
Am. Indian/Alaskan	147	(2.4%)
Asian	183	(3.0%)
Black or African American	109	(1.8%)
Hawaiian/Pacific Isl.	65	(1.1 %)

N = 9,319

M = 51.7%

F = 48.3%

7<sup>th</sup> grade = 3642 (39.4%)

9<sup>th</sup> grade = 3,81 (33.4%)

11<sup>th</sup> grade = 1992 (21.6%)

White	4561	(52.6%)
Hispanic/Latino	2751	(38.7%)
Mixed	3348	(38.6%)
Am. Indian/Alaskan	242	(2.8%)
Asian	242	(2.8%)
Black or African American	186	(2.1%)
Hawaiian/Pacific Isl.	99	(1.1 %)

California Participant Demographics 2015 - 2017

2015 - 2017

N= 1,043,714

M = 50.6%

F = 49.4%

7<sup>th</sup> grade = 33.8%

9<sup>th</sup> grade = 33.7%

11<sup>th</sup> grade = 31.4%

Asian/Pacific Islander	14.0%
American Indian	4.3%
Black	.6%
White	32.5%
Multiracial	43.6%
Hispanic/Latino	51.1%

**Methods:** The data presented in this fact sheet were collected as part of the California Healthy Kids Survey in the spring of 2013, 2015 and 2017 at middle and high schools across San Luis Obispo County. The data were collected using a paper and pencil survey administered by school sites and reported to and compiled by WestEd. The Central Coast Coalition for Inclusive Schools requested the dataset from WestEd and the data were analyzed running Chi-Square tests using SPSS statistical software. All differences reported here are statistically significant.

**The Central Coast Coalition for Inclusive Schools (CCC4IS)** is a network of community partners actively supporting the development of safe and affirming school communities.

**Mission:** The CCC4IS actively supports the development of safe and affirming school communities. We strive to celebrate diversity, advocate for social justice, and transform educational cultures by empowering youth, families, professionals, and organizations. [www.centralcoastinclusiveschools.org](http://www.centralcoastinclusiveschools.org)

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