

Resources

Sexual and Reproductive Health Youth in Foster Care

Resources: In-person

1. Your case worker
Remember, they have received training too!
2. Youth's Pediatrician
3. Local Reproductive Health Clinics
The Center, Planned Parenthood and Paso Robles Family Planning Clinic
4. Your Public Health Nurse!
Foster Care has a Public Health Nurse, and your trainer!

Resources: On-line

Big Ones:

Teensource.org — teen source for sexual and relationship health
Stayteen.org — teen source for sexual and relationship health
Bedsider.org — birth control information
Amaze.org — short videos on a variety of sexual health related topics
TeenHealthLaw.org – source of current law on teens health rights
Talkwithyourkids.org – great site for age-appropriate conversations

Sites with resources for youth, care provider and case workers:

<https://fosterreprohealth.org/caregivers/>
<https://jbay.org/health/sexual-health/>
<https://www.cdss.ca.gov/inforesources/foster-care/healthy-sexual-development-project>
<https://www.cdss.ca.gov/inforesources/foster-care/healthy-sexual-development-project/healthy-sexual-development-resources>

More trainings, etc.:

<https://calswec.berkeley.edu/sexual-and-reproductive-wellness-foster-care-sb-89>
<http://www.cdss.ca.gov/inforesources/Foster-Care/Healthy-Sexual-Development-Project/Available-Trainings>