ur caregivers help clients remain as independent as possible by performing tasks they aren't able to do for themselves. Below are some of the services our caregivers provide.

# **D**OMESTIC CARE

- Cooking
- Meal Preparation
- Cleaning
- Laundry
- Grocery Shopping

# Personal Care

- Bathing & Grooming
- Dressing
- Bowel & Bladder Care
- Feeding

# PARAMEDICAL SERVICES

(These services require training)

- Giving Shots
- Administration of Medication
- Feeding Tubes
- Catheters

#### **BECOME A PROVIDER**

- 1. Call IHSS Orientation Line (805) 474-2055
- 2. Complete Orientation
- 3. Submit Paperwork
- 4. Fingerprinting
- 5. Background Check

#### **CAREGIVER REGISTRY**

- 1. Call Public Authority
- 2. (805) 474-2055
- 3. Submit Application
- 4. Provide References
- Review & sign Caregiver Registry Handbook



#### **PUBLIC AUTHORITY**

1086 East Grand Avenue Arroyo Grande, CA 93420 (805) 474-2055

# Is Helping People Your Gift?







# Join Our Team... Apply **TODAY!**

re you compassionate, caring and reliable? Do you want an opportunity to make someone's life easier? Caregiving is the job for you!

The IHSS program provides services for eligible elderly and disabled individuals so they can remain safely in their own home.

# **FLEXIBILITY**

- Work 1 to 70 hours per week
- Choose the area you wish to work
- Not required to have a car
- Ideal for people looking for additional income

### BENEFITS & PAY

- Overtime Pay
- Potential Travel Time Pay
- Dental & Vision Benefits (must work 65+ hours per month)

NO EXPERIENCE REQUIRED



"I love this job! I like helping people while giving them hope and comfort!"

~ Ashley H., Caregiver

Before working for IHSS, Ashley said she was "lost & looking for her place in the world." For the past 3 years, she has been working for Jim & Kathy M. as their caregiver. Jim describes Ashley as a "treasure" and Kathy said, "How can I put it into words? She does things we can't do for ourselves anymore." IHSS has positively impacted Ashley's life & she feels the most rewarding part of being a provider is, "You get as much as you give."

"The comfort of being in your own home is wonderful!"

~ Artherrine P., IHSS Recipient



Artherrine is very passionate about IHSS. Not only has she been a recipient of services for the past 13 years, she also held a position on the IHSS Governing Board for 5 years. While on the board, she helped get approval for provider background checks & raised wages for providers. She has been a pioneer for the program and is now able to be on the receiving end of her hard work.