

STC Course Certification Lesson Plan

Course Name: Basic Handgun Training	
Course Hours: 8	Min Class Size: 6 Max Class Size: 14
<p>Course Summary: <i>(Brief description of the course)</i> This course will provide probation officers with the basic skills, training and knowledge to safely and effectively utilize a semi-automatic duty pistol. The course will review the rules and responsibilities concerning the use of a firearm and the care required to carry a duty weapon. The training will instill basic firearms handling skills, range safety, marksmanship fundamentals, and an introduction handgun tactics. During this training officers will focus on perfecting the basic marksmanship fundamentals, while adding additional skills of presentation from the holster, loading and unloading, clearing common weapon malfunctions, and follow through. This course consists of lecture, instructor demonstration, and dry and live fire drills.</p>	
<p>Performance Objectives: <i>(What the trainees will be able to do at the conclusion of the course.)</i></p> <ul style="list-style-type: none"> • Trainees will be able to demonstrate safe and effective weapon handling • Trainees will be able to use the basic firearms fundamentals to accurately engage a presented target from the holster or out the of holster under time constraints • Trainees will be able to safely administratively load and unload their firearm • Trainees will be able to complete an emergency and/or tactical reload under time constraints 	
<p>Justification for Class Size Less than 16: In order to safely and effectively provide instruction to the trainees, no more than 14 students should be enrolled in this class at a time.</p>	
<p>If testing is required, check applicable tests.</p> <p> <input type="checkbox"/> Pre-Post Test <input type="checkbox"/> Final Examination <input type="checkbox"/> Performance (Behavior Skills) <input type="checkbox"/> True/False <input type="checkbox"/> Multiple Choice (Job Knowledge) <input type="checkbox"/> Written Skills (Essay) </p>	

Lesson Plan: Best practices indicate detailed lesson plans enhance the development and delivery of training. Lesson plans help ensure quality training delivery by providing detailed information about the delivery of instructional objectives, instructional methodology, testing, and classroom activities. Furthermore, lesson plans provide written documentation of training. The lesson plan must be in such detail that a substitute instructor with requisite knowledge of the subject could teach from the lesson plan without contacting the instructor for clarification.

➤ **Room Set-Up:**

(Describe below how the classroom needs to be set up (e.g., classroom style, small group, theater, etc.)

1. Outdoor range that is designed to have multiple shooters on the line at a time.
2. Tables and chairs for lecture

➤ **Instructor Material(s)/Equipment Needed:**

(Indicate below all material and equipment needed, including handouts and reference material for the class or module.)

1. Targets (3 per student)
2. Masking Tape
3. Black sharpie (1 per instructor)
4. Staple gun and staples
5. Target stands
6. Target backers
7. Ammunition (300 rounds per student)
8. Trainees and Instructors: Eyes/Ears, duty gear/vest, duty weapon and backup weapon
9. Water
10. First-aid kit

➤ **Time for Each Section or Exercise/Activity:**

(In the "Training Agenda" below, specify the beginning and end time or amount of time needed for each exercise/activity, section, or topic.)

0800-0830: Introduction
0830-0945: Firearm fundamentals
0945-1000: Break
1000-1200: Presentation from the holster
1200-1300: Lunch
1300-1315: Review & Safety
1315-1345: Carry/Ready/Resting Position
1345-1430: Reloads
1430-1445: Break
1445-1640: Cont...Reloads
1640-1700: Discussion, Evaluations and clean up

➤ **Trainer's Speaking Notes: (per section)**

(Include below any notes to remind the trainer of anything pertinent in that section. This may include key concepts, targeted responses, activity instructions, etc. It is not necessary to capture everything the instructor will say, for example, stories drawn from the instructor's own experience to illustrate or underscore a key concept would not necessarily be included. This should be written to a level that a person that is familiar with the content and course could step in and complete the training.)

I. Introduction:

- **Review of the Course Outline & Objectives**
- **Conduct safety briefing to include:**
 - a. Four cardinal rules of firearms safety
 - b. Hot brass procedure
 - c. Emergency medical plan

- d. Range instructions
 - 1. Safe weapon handling on the range (only handle firearm at the direction/supervision of the firearms instructor, locations weapons can be out of the holster; safety table or down range while on the firing line)
 - 2. No bending down to pick up equipment on the firing line until instructed to do so.
 - 3. No walking off the firing line until instructed to do so.
- e. Cold/Hot Range procedures
- f. Ensure that locations of the first aid kit and AED are known to all participants.
- g. Cell phone rule

2. Firearm Fundamentals

- **Shot placement**
 - a. Cranial-Ocular Cavity
 - b. Thoracic Cavity
 - c. Pelvic Girdle

- **Stance (modern isosceles vs weaver)**
 - a. Stable platform
 - b. Fight stance allows for movement and more advanced skills

- **Grip**
 - a. Firm two handed grip, push-pull; 360 degree coverage (related to physics); thumbs forward grip.

- **Sight Alignment**
 - a. Front sight is vertically and horizontally centered between the rear sights (equal height, equal light)
 - b. Focus on the front sight (camera description)

- **Sight Picture**
 - a. Placement of the front sight on the target where you want your round to impact

- **Trigger Control**
 - a. Slow, steady press rearward with the trigger finger; surprise break
 - b. Trap finger to the rear until sights are aligned after recoil
 - c. Only bring the finger forward until the Sear resets (no slapping the trigger)

3. Five Count Presentation from the Holster

- Count 1 (Grab): Primary side hand obtains a high tang grip on the pistol simultaneously removing retention, while the support side hand simultaneously comes up to the chest.

- Count 2 (Clear): Draw weapon firmly from holster just to point of clearing top of holster, muzzle pointed down towards the holster, trigger finger off trigger indexed down frame of weapon.

- Count 3 (Click or Drive): Pivot weapon towards target, using your thumb to can't the gun slightly (this allows the gun to be fired in the position without creating a malfunction; pistol barrel will be parallel to the ground)

- Count 4 (Smack): Pistol moves towards the center of the chest, muzzle remains pointed down range, support side hand comes together obtaining a firing grip (high compressed ready)
- Count 5 (Drive): press the pistol out toward the target, obtaining proper sight alignment and sight picture, making the decision to shoot or no shoot.

Dry Practice, skill demonstration, remediation

1. 10 solid 5-count presentations with escalating pace
2. Heads up, eyes focused on target not weapon or holster
3. Individual assessment and coaching by instructors

Live fire Drills

1. 3 mags with 3 rounds each
2. 5-count presentation with failure drill from 5 yard line
3. Holster an empty weapon
4. Repeat x 3

4. Carry/Ready/Resting Positions (Weapon Positioning)

Demonstrate and have officer practice the following;

- a. Low Ready
- b. High Ready
- c. SUL weapon position

5. Reloads

- Administrative loading and unloading
 - a. Out of the holster: draw firearm out of the holster with 5 count presentation (present to the ready), bring weapon back into your workspace (count 4), remove your support side hand and slightly cant the gun so you can see the magazine well, press the magazine release, catching the magazine in you support side hand, stow the magazine in a pocket or waistband (partially depleted magazines to do go back in your magazine pouch), obtain a new magazine, and insert it into the gun.
 - b. In the holster: Press the magazine release, remove the magazine and insert a new magazine. Top off the partially depleted magazine if needed.
- **Emergency Reloads (two methods, but fundamentals are the same): An emergency reload is required when the handgun has completely run out of ammunition and the slide locks back to the rear.**
 - a. Bring the weapon into your workspace while simultaneously pressing the magazine release allowing the empty magazine to drop on the ground.
 - b. As your support side hand comes off the gun, properly index and obtain a fresh magazine (leading with the index finger) inserting it into the magazine well.
 - c. Vigorously rack the slide, inserting a new round in the chamber
 - d. Get the gun back up on target and determine if the threat is still there.
 - e. *Another method is to strip the magazine out of the gun with your support side hand, as you are bringing the gun into your workspace. This is one fluid motion, and mitigates the issue of your magazine not falling*

out of your gun when you press the magazine release (the magazine may not always fall 100% of the time so stripping the magazine out with your support side hand works 100% of the time).

- **Tactical Reloads (two methods): A tactical reload is completed during a lull in the action, is usually conducted from behind cover, and is used to replace a partially depleted magazine with a full magazine in the weapon.**
 - a. Traditional Tactical Reload
 1. Bring weapon into your workspace
 2. Obtain a fresh magazine with your support side hand
 3. Press mag release with your primary side thumb
 4. Drop the partially depleted magazine into your support side hand, which is also holding the full magazine.
 5. Insert the full magazine into the magazine well
 6. Stow the partially depleted magazine in a pocket or waistband
 7. Get the weapon back on target and assess the threat
 - b. Reload with Retention (Modern Tactical Reload)
 1. Bring weapon into your workspace
 2. Press the magazine release with your primary side thumb, releasing the partial magazine into your support side hand
 3. Stow the partially depleted magazine in a pocket or waistband
 4. Obtaining a fresh magazine with your support side hand
 5. Properly seat the magazine into the weapon
 6. Get the weapon back on target and assess the threat

6. Discussion, Evaluations, Clean-up

➤ Handout/Classroom Materials:

(The distribution of handouts and classroom materials should be noted in the section of the lesson plans where the distribution occurs.)

N/A

➤ Testing Type and Description of BST/WST completion (if applicable):

(The type of test(s) to be given in the class or module; i.e., Multiple Choice Test (MCT), Job Knowledge Test (JKT), Behavior Skills Test (BST), and Written Skills Test (WST). Describe in writing each BST and WST to be completed in the class or module. This can be attached to the lesson plan as a handout and labeled appropriately as to when to administer it.)

N/A

**Training Agenda
Day 1**

Time Begin	Time End	Subject or Topic	<i>Select one or more</i> Lecture Group /Discussion Demonstration Group Exercise Audio/Video Clip Trainee Practice Role Play Evaluation	Instructor(s)
0800	0830	<i>Introduction</i> - Review class schedule - Four firearm safety rules - Range Rules - Range Safety Briefing	<i>Lecture Demonstration</i>	
0830	0945	<i>Firearm Fundamentals</i> - Stance - Grip - Sight Alignment - Sight Picture - Trigger Control - Follow Through	<i>Lecture Demonstration Dry Practice Live Fire Drills</i>	
0945	1000	<i>Break</i>		
1000	1200	<i>Presentation from the Holster</i> - Five Count Presentation	<i>Lecture Demonstration Dry Practice Live Fire Drills</i>	
1200	1300	<i>Lunch</i>		
1300	1315	<i>Review & Safety</i>	<i>Lecture</i>	
1315	1345	<i>Weapon Positioning</i> -Low Ready -High Ready -SUL	<i>Lecture Demonstration Dry Practice</i>	
1345	1430	<i>Reloads</i> - Emergency - Tactical (Traditional & Modern)	<i>Lecture Demonstration Dry Practice Live Fire Drills</i>	
1430	1445	<i>Break</i>		

1445	1640	<i>Cont....Reloads</i> <ul style="list-style-type: none"> - <i>Emergency</i> - <i>Tactical (Traditional & Modern)</i> 	<i>Lecture</i> <i>Demonstration</i> <i>Dry Practice</i> <i>Live Fire Drills</i>	
1640	1700	<i>Discussion, evaluation, and clean up</i>	<i>Lecture</i> <i>Demonstration</i> <i>Dry Practice</i> <i>Live Fire Drills</i>	