

COUNTY HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19: ORDER TO QUARANTINE

Date of Order: April 21, 2022

This Order supersedes the January 6, 2022 Order to Isolate and Quarantine.

To help slow the spread of COVID-19, protect vulnerable individuals from severe disease, and prevent the healthcare system in San Luis Obispo County from being overwhelmed, it is necessary for the County of San Luis Obispo Health Officer to require individuals in San Luis Obispo County who have been exposed to COVID-19 and are not fully vaccinated against COVID-19 to follow the directives in this Order.

This Order to Quarantine is specific to high-risk settings, as defined in this Order, to protect the most vulnerable populations housed in these settings and the workforce that delivers critical services in these settings.

While most people exposed to COVID-19 are no longer required to quarantine, anyone exposed to COVID-19 regardless of their vaccination status, should follow the recommended actions for “Persons Who Are Exposed to Someone With COVID-19” set forth in the California Department of Public Health (CDPH) “Guidance on Isolation and Quarantine for COVID-19 Contact Tracing”

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolationand-Quarantine-for-COVID-19-Contact-Tracing.aspx>).

Persons defined in this Order are required to follow the Quarantine and Work Exclusion Requirements of this Order.

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS, 101040, 120130, 120175, 120215, 120220, AND 120225 THE HEALTH OFFICER OF THE COUNTY OF SAN LUIS OBISPO HEREBY ORDERS:

1. Definitions.

- “ATD Standard” is the Cal/OSHA Aerosol Transmissible Diseases standard (California Code of Regulations, title 8, section 5199)
- “Cal/OSHA” is the California Division of Occupational Safety and Health, the State agency responsible for enforcing State laws and regulations pertaining to workplace safety and health.
- “CDPH” is the California Department of Public Health.

- “Close Contact” is someone who has been sharing the same indoor airspace, such as a room, home, office, vehicle, or airplane, etc., for a total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) with a Person with COVID-19 while they are contagious. A person is considered contagious during the 2 days before the Person with COVID-19 first had symptoms, or if they did not have symptoms, 2 days before they were tested for COVID-19, until the Person with COVID-19 is no longer required to isolate.
- “High-Risk Setting” means certain care or living settings involving many people, including many congregate settings, where vulnerable populations reside out of necessity and where the risk of COVID-19 transmission is high. For the purposes of this Order, these settings include the following:
 - Adult and senior care facilities
 - Emergency shelters and cooling and heating centers
 - Healthcare settings not covered by AFL 21.08.8
 - Homeless shelters
 - Local correctional facilities and detention centers
 - Long-term care settings
- “Person with COVID-19” means a person diagnosed with or likely to have COVID-19, such as a person who has tested positive for the virus that causes COVID-19 (SARS-CoV-2) or has been clinically diagnosed with COVID-19 by a healthcare provider, or there is a very high likelihood that the person has COVID-19 based on symptoms and known exposure, but they have not been tested or evaluated by a healthcare provider who has provided an alternative diagnosis.
- “Fully Vaccinated” means a person is fully vaccinated for COVID-19 two weeks after receiving all recommended doses in the primary series of their COVID-19 vaccination.
- “Up to Date with Vaccination” means a person has received all recommended doses in the primary series and one booster when eligible. Getting a second booster is not necessary to be considered up to date at this time.

2. Quarantine and Work Exclusion Requirements.

- a. A person who lives in or takes temporary shelter in a High-Risk Setting who has Close Contact with a Person with COVID-19 and is not fully vaccinated or has not been infected with the virus that causes COVID-19 in the previous 90 days is required to quarantine as follows:
 - Quarantine (stay home or in a separate room away from others) for at least 5 whole days after your last Close Contact with a Person with COVID-19.
 - Wear a well-fitting mask around others for a total of 10 days after exposure.

- Test on Day 5 after your most recent exposure.
 - If you do not have symptoms and if a test on Day 5 or later is negative, quarantine can end after Day 5.
 - If you are unable to test or choose not to test, and do not have symptoms, quarantine can end after Day 10.
 - If you test positive, follow isolation instructions.
 - If symptoms develop at any time during quarantine, test and follow isolation instructions. A PCR test is preferred.
- b. A person who works or volunteers in a High Risk Setting and has a Close Contact with a Person with COVID-19 must notify their employer and must follow the relevant guidelines for “Persons Who Are Exposed to Someone With COVID-19” set forth in the CDPH “Guidance on Isolation and Quarantine for COVID-19 Contact Tracing” (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolationand-Quarantine-for-COVID-19-Contact-Tracing.aspx>) and follow any workplace policies and requirements concerning return to work.
- c. Any health care personnel who has Close Contact with a Person with COVID-19 must follow CDPH “Guidance on Quarantine for Health Care Personnel (HCP) Exposed to SARS-CoV-2 and Return to Work for HCP with COVID-19” (<https://www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/AFL-21-08.aspx>).

3. Exceptions and Exemptions.

- a. This Order does not supersede more restrictive requirements applicable to a workplace as set forth by the Cal/OSHA COVID-19 Prevention Emergency Temporary Standards (ETS) and FAQs (<https://www.dir.ca.gov/dosh/coronavirus/ETS.html>), the Cal/OSHA ATD Standard (<https://www.dir.ca.gov/title8/5199.html>), or other more restrictive State, federal, or institutional requirements.
- b. This Order does not prevent an employer, the CDPH, or a government licensing agency from imposing more stringent quarantine requirements.
- c. This Order does not require minors and adults with special needs who are unable to care for themselves to quarantine away from caregivers in their residence, but they should stay at their residence and avoid people outside their household except to receive medical care during the quarantine period. Those living with them or providing care to them are strongly encouraged to wear a Well-Fitted Mask and wash their hands frequently during the quarantine period.
- d. This Order does not apply to students in K-12 school settings. See the CDPH COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx> for guidance.

- e. This Order does not apply to children in preschool or childcare settings. See the CDPH Guidance for Child Care Providers and Programs (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Child-Care-Guidance.aspx>) for guidance.

LEGAL AUTHORITY

The Health Officer of the County of San Luis Obispo hereby issues this Order under the authority of the California Health and Safety Code sections, 101040, 120130, 120175, 120215, 120220, and 120225.

Violation of, or failure to comply with, this Order is a misdemeanor punishable by imprisonment, fine, or both (California Health and Safety Code sections 120275 and 120295). This Order may be enforced by any law enforcement officer within an area subject to their jurisdiction for the purpose of preventing the spread of a contagious, infectious, or communicable disease (California Government Code sections 26602 and 41601, and California Health and Safety Code section 101029).

All State orders and guidance documents referenced in State orders are complementary to this Order. By way of this Order, the Health Officer adopts such directives as orders as well. Where a conflict exists between a local order and any State public health order related to the COVID-19 pandemic, the most restrictive provision controls pursuant to, and consistent with, California Health and Safety Code §131080.

Copies of this Order shall promptly be: (1) posted on all outside public access doors of the new County Government Center of the County of San Luis Obispo at 1055 Monterey Street in the City of San Luis Obispo; (2) made available via SLOPublicHealth.org/COVID-19 and (3) provided to any member of the public upon request of a copy of this Order.

If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

This Order shall become effective Thursday, April 21, 2022, at 5:00 p.m. and will continue to be in effect until it is extended, rescinded, superseded, or amended in writing by the Health Officer.

If you have questions about this Order, please call 805-781-5500.

IT IS SO ORDERED.



Penny Borenstein, MD, MPH
Health Officer, County of San Luis Obispo

April 21, 2022

3:35 pm

Date

Time