

# HOMELESSNESS RESOURCES AVAILABLE DURING SHELTER-IN-PLACE

San Luis Obispo County

Department of Social Services

*Updated As Of 8/19/2020*

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### **THE CENTER FOR HEALTH AND PREVENTION**

The Centers located in Arroyo Grande and San Luis Obispo have suspended in-clinic services and are now providing contraceptives, treatment medications, emergency contraception, condoms, and limited testing in a drive-in car hop manner. Call either location for details. In Arroyo Grande at 805-489-4026 or in San Luis Obispo at 805-544-2478.

### **CENCAL**

Member Services is open Monday - Friday from 8 a.m. to 5 p.m. If you have questions about getting care, medications, or other health services during the COVID-19 outbreak, please call Member Services at 1-877-814-1861. For the hard of hearing, please call the CA Relay at 711 or the CenCal Health TTY at 1-833-556-2560. The call is toll-free.

*There is no cost to be tested for COVID-19. If you test positive for COVID-19, CenCal Health will pay for treatment.*

### **TMHA**

Beginning Monday, March 16, 2020 through April 15, 2020 at a minimum, TMHA will work to ensure continuity of care by reducing and modifying our programs. TMHA's programs will shift as much as possible from in-office and in-person to phone and teleconference appointments. TMHA's community events, meetings, and gatherings will be suspended through this period and future events will be assessed. TMHA's main office will remain open during this period but closed to the general public and non-essential appointments. All satellite offices will be closed to visitors. TMHA staff will be available to answer phone calls and we will keep the operation moving as smoothly as possible. A TMHA will continue to monitor the situation and the response plan will be adjusted accordingly. For questions on this matter, please contact our office at 805-540-6500.

## **TMHA AFFECTED PROGRAMS**

### ***Adult Transitions Program***

ATP will maintain one empty room in order to isolate residents should a resident become ill. This includes limiting new referrals at this time. ATP is following CCL and CDC guidelines and refraining from receiving non-essential visitors, to be determined on a case-by-case basis.

### ***Family Services***

We are temporarily postponing our Family Support Groups, Family Orientation Classes, and Families and the Judicial System Classes. Family Services Staff are very available by phone for one on one support, education and resource connection particularly during these challenging times. Please feel free to make contact with any of our staff. \*Bilingual staff indicated by asterisk and available by phone as well.

Family Support Specialists, Adult Services – San Luis Obispo County

\*Fernando Vasquez: 805-540-6574

Vivian Soul: 805-540-6572

Family Support Specialists, Youth Services – San Luis Obispo County

\*Mayra Valencia, Southern SLO County: 805-458-6388

\*Jorge Huerta, Northern SLO County: 805-458-2596

\*Melanie Davenport, SLO & North Coast: 805-503-0009

Family Support Specialists, Youth and Adult Services – Northern Santa Barbara County

\*Maria Perez: 805-441-3325

\*Zandra Alfaro-Olea: 805-458-5487

Family Services Program Manager Shawn Ison: 805-540-6571

### ***Behavioral Health Navigation***

Behavioral Health Navigators are available to connect with clients over the phone. All noncritical in-person appointments have been cancelled. Critical appointments are being determined on a case-by-case basis. For more information, contact Trista Ochoa at 805.540.6576

### ***Housing Programs***

All Housing Programs Case management will continue to be provided to all our residents. Most in-person contact will be limited or converted to telephone case management services. Transportation services for residents will be reduced; and when it occurs, staff and residents will utilize PPE (personal protective equipment) or vans that can accommodate 6 foot social distancing during the transportation. Rent paid to the TMHA main office can be dropped off at the drop box near the kitchen entrance. All other rent payments will remain the same.

## *Wellness Centers*

Wellness Centers will provide support to members via phone until further notice. All groups and services at the center are suspended at this time. The Wellness Center staff are available for members by phone daily and we will be reaching out to all current members. For referrals and new member interest, please have folks call the centers directly. We will work with new members to have them fill out Member Info packets on their own. Once filled out we can work to support them by phone until groups resume. Friendly reminder to also let folks know of the Peer Support Warm Line available 855-845-7415 as well as our SLO Hotline 800.783.0607 If you have any further questions please contact Meghan Madsen, [mmadsen@t-mha.org](mailto:mmadsen@t-mha.org) or 805/503-0350.

## **TRI-COUNTIES REGIONAL CENTER**

While all TCRC offices will be closed until further notice due to the Stay At Home Order issued by Governor Newsom at 6:30 PM on Thursday March 19, 2020, TCRC remains open for business. TCRC employees are working remotely to be able to continue to serve our community. If your service needs have been impacted by the COVID-19 emergency, please email or call your Service Coordinator. They are available and will respond promptly. In addition, we have established On-Call Manager telephone numbers for each office and a general email contact for each office that can be used to contact the management team during this time should you need their assistance. Check this page for updates.

### **On-Call Managers:**

Simi Valley Office: (805) 456-8020

Simi Valley: [sv@tri-counties.org](mailto:sv@tri-counties.org)

Oxnard Office: (805) 456-8021

Oxnard: [ox@tri-counties.org](mailto:ox@tri-counties.org)

Santa Barbara Office: (805) 456-8022

Santa Barbara: [sb@tri-counties.org](mailto:sb@tri-counties.org)

Santa Maria Office: (805) 456-8023

Santa Maria: [sm@tri-counties.org](mailto:sm@tri-counties.org)

San Luis Obispo Office: (805) 456-8024

San Luis Obispo: [slo@tri-counties.org](mailto:slo@tri-counties.org)

Atascadero Office: (805) 456-8025

Atascadero: [atas@tri-counties.org](mailto:atas@tri-counties.org)

## **BEHAVIORAL HEALTH**

We would like to reassure you that we will continue to provide you with behavioral health care in the safest way possible including offering telephone appointments in lieu of in-person visits. Both medication services and therapy/counseling services will be provided over telephone or via telehealth. Behavioral Health clinics requests all clients to call if they are needing urgent services at this time. Staff will also call our current clients over the next week to check on them. Our goal is to continue to provide consistent care as much as possible.

Following Public Health screening guidelines, all walk-in visitors will be asked to wait outside the doors until they are screened by a staff member for symptoms. Once we are back to normal operations, your treatment team will contact you to reschedule all appointments. Thank you for your patience and understanding during these difficult times!

If you are in crisis, please call the SLO Hotline at (800) 783-0607. You may also call the National Suicide Prevention Lifeline at 1-800-273-8255 or text HELLO to '741-741'.

If you need to begin Behavioral Health services, please call the access line at (800) 838-1381.

## **RISE**

We are implementing limited and temporary changes to our services and programming for the next two weeks. These changes will be extended if the executive order or directions from our local public health department are extended. Please check back to our site for regular updates.

- Crisis services and individual counseling sessions have shifted shifting from in-person to phone or video conferencing.
- RISE is also offering remote accompaniment services, via telephone or videoconference, for victims of sexual assault to forensic medical exams and law enforcement interviews. We will not provide accompaniment services to court hearings, hospitals, or large group settings until further notice.
- Our 24/7 crisis line will continue to operate normally.
- Our shelters are continuing to operate with limited capacity.
- Restraining order application assistance will continue via phone or video conferencing
- In-person, non-crisis services and programming are cancelled or postponed at this time. RISE is developing infrastructure to administer clinical groups, prevention, and volunteer programming remotely and will provide timely updates when available.

## **DEPARTMENT OF SOCIAL SERVICES**

Beginning Monday, March 30, 2020, all Social Services office hours will be limited to Monday-Friday 8:00am - 1:00pm

The Department of Social Services is committed to a continuation of services during this crisis. The Department encourages applicants and participants to go online to apply for benefits, submit documents and manage their cases.

The County of San Luis Obispo is continuing to provide essential services to residents during the current Shelter at Home order. County offices are still open for business, but most public counters are closed. Residents are encouraged to access services and conduct business online or over the phone when possible. If not possible, residents may call ahead to a department to make an appointment. To protect the health of the community, residents and employees who exhibit signs of illness while visiting an office in person will be asked to leave.

# Food

1st Monday	1st Tuesday	1st Wednesday	1st Thursday	1st Friday
<b>San Luis Obispo 4:30-6:00pm</b> SLO Salvation Army 815 Islay Street	<b>Nipomo 9:30-10:30am</b> St. Joseph's Church 298 S Thompson Ave.  <b>Paso Robles 2:00-3:00pm</b> Villa Paseo Apartments 2818 Ramada Drive  <b>Heritage Ranch 3:00-4:00pm</b> Oak Hill Market 2150 Heritage Loop Rd.	<b>Arroyo Grande 8:00-9:00am</b> Soto Park 1275 Ash St.  <b>Los Osos 9:30-10:30am</b> South Bay Community Center 2180 Palisades Ave. (People Helping People)  <b>Atascadero 10:00-11:30am</b> Grange Hall 5035 Palma Ave.	<b>Paso Robles 9:00-10:00am</b> 2nd Baptist Church 1937 Riverside Ave.  <b>Cambria 3:00-4:00pm</b> Santa Rosa Church 1174 Main Street  <b>Shandon 4:30-6:00pm</b> Shandon High School 101 South 1st Street	<b>California Valley 11:00am-12:00pm</b> Community Center Parking Lot 13080 Soda Lake Road
	<b>2nd Tuesday</b>	<b>2nd Wednesday</b>	<b>2nd Thursday</b>	<b>2nd Friday</b>
	<b>Paso Robles 10:00-11:00am</b> SFM at Senior Center 270 Scott Street [Produce Only]  <b>Los Osos 3:30-4:30pm</b> Baywood Elementary 1330 9th Street  <b>Nipomo 4:00-6:00pm</b> Nipomo Elementary 190 East Price Street	<b>Arroyo Grande 8:00-9:00am</b> Soto Park 1275 Ash St.  <b>Los Osos 9:30-10:30am</b> South Bay Community Center 2180 Palisades Ave.  <b>Cayucos 10:30-11:00am</b> Community Church 60 South 3rd Street  <b>Atascadero 2:30-3:30pm</b> Santa Rosa Elementary 8655 Santa Rosa Road  <b>San Miguel 4:30-6:00pm</b> Lillian Larsen Elementary 1601 L Street	<b>Oceano 9:00-10:00am</b> Senior Center 1580 Railroad Street  <b>Paso Robles 2:30-4:00pm</b> Bauer Speck Elementary 401 17th Street  <b>San Luis Obispo 2:30-3:30pm</b> C.L. Smith Elementary 1375 Balboa Street	<b>Paso Robles 1:30-3:00pm</b> Paso Robles Housing Authority at Oak Park [Produce Only] 30th and Pine Street
<b>3rd Tuesday</b>	<b>3rd Wednesday</b>	<b>3rd Thursday</b>	<b>3rd Friday</b>	
	<b>Nipomo 8:30-9:30am</b> Nipomo Senior Center 200 E. Dana  <b>San Luis Obispo 9:00-10:00am</b> Senior Center 1445 Santa Rosa Street  <b>*CANCELED TEMPORARILY*</b> <b>San Luis Obispo 3:00-5:00pm</b> <del>Cuesta College, SLO Campus</del> CA Highway 1, Parking Lot #3  <b>*CANCELED TEMPORARILY*</b> <b>Paso Robles 3:00-5:00pm</b> <del>Cuesta College, North County Campus</del> 2800 Buena Vista Drive, Parking Lot #10	<b>Arroyo Grande 8:00-9:00am</b> Soto Park 1275 Ash St.  <b>Santa Margarita 9:00-10:00am</b> Senior Center 2210 H Street  <b>*CANCELED TEMPORARILY*</b> <b>San Luis Obispo 9:30-11:30am</b> <del>Zion Lutheran Church</del> 4040 E. Foothill  <b>Los Osos 9:30-10:30am</b> South Bay Community Center 2180 Palisades Ave. (People Helping People)  <b>Morro Bay 9:30-10:30am</b> Veterans Memorial Building 209 Surf Street  <b>Atascadero 4:30-6:00pm</b> Casa Grande Apartments 9300 El Bordo Ave.	<b>Paso Robles 9:00-10:00am</b> Grace Baptist Church 535 Creston Road  <b>Cambria 3:00-4:00pm</b> School District Office 1350 Main Street  <b>Paso Robles 3:00-4:00pm</b> Virginia Peterson Elementary 2501 Beechwood Dr.  <b>Paso Robles 5:30-7:00pm</b> Loaves and Fishes 2650 Spring Street	<b>*TEMPORARY LOCATION CHANGE*</b> <b>Carrisa Plains 1:00-2:00pm</b> Community Center Parking Lot 13080 Soda Lake Road  <b>Oceano 2:30-4:00pm</b> Family Resource Center 1511 19th Street
	<b>4th Tuesday</b>	<b>4th Wednesday</b>	<b>4th Thursday</b>	<b>4th Friday</b>
<b>Paso Robles 10:00-11:00am</b> SFM at Senior Center 270 Scott Street [Produce Only]  <b>Nipomo 4:00-6:00pm</b> Dana Elementary 920 W. Tefft Street  <b>San Luis Obispo 3:30-5:30pm</b> Cal Poly University S. Perimeter/Tahoe Rd. (near Mott Gym)  <b>San Simeon 5:00-6:00pm</b> Across from Oceanside Inn 9490 Avonne Ave.	<b>Arroyo Grande 8:00-9:00am</b> Soto Park 1275 Ash St.  <b>Los Osos 9:30-10:30am</b> South Bay Community Center 2180 Palisades Ave.  <b>San Miguel 9:30-10:30am</b> San Miguel Mission 775 Mission Street  <b>Cayucos 10:30-11:00am</b> Community Church 60 South 3rd Street	<b>Morro Bay 2:30-3:30pm</b> Del Mar Elementary 501 Sequoia Street  <b>Creston 3:00-4:00pm</b> Creston Community Church 5170 O'Donovan Rd.  <b>*CANCELED TEMPORARILY*</b> <del>Arroyo Grande 4:00-5:30pm</del> <del>Arroyo Grande Care Center</del> 4242 Farroll Ave.	<b>Paso Robles 1:30-3:00pm</b> Paso Robles Housing Authority At Oak Park 30th & Pine Street  <b>Templeton 3:00-3:30pm</b> Vintage Community Church 692 Peterson Ranch Road	

Please visit our website for a list of site changes by month.

Dates are subject to change due to holidays and unforeseen circumstances. Always check our website or call our office for the most up to date information, especially if a distribution falls on: 1/11, 1/20, 2/17, 5/25, 7/3, 7/4, 9/7, 11/11, 11/26, 11/27, 12/25, 12/31 or when there is no school in session.

Last updated March 2020

For more information: 805.238.4664 or [www.slofoodbank.org](http://www.slofoodbank.org)

Please visit our website for a list of site changes by month.

Dates are subject to change due to holidays and unforeseen circumstances. Always check our website or call our office for the most up to date information, especially if a distribution falls on:

1/1, 1/20, 2/17, 5/25, 7/3, 7/4, 9/7, 11/11, 11/26, 11/27, 12/25, 12/31 or when there is no school in session.

Last updated March 2020



# 2020 Local Pantries & Meal Sites

*\*Resources listed are overseen by individual non-profit organization. Contact them directly for information. March 2020 Update*

AGENCY	ADDRESS	CITY	TYPE	DAYS	TIME	TEL.	ADDITIONAL INFO.
<b>NIPOMO</b>							
Nipomo Food Basket	197 W. Tefft St.	Nipomo	Pantry	M/Tu/Th/ F	10-1pm	1-805-619-7681	Bring photo ID & proof of City residency.
Nipomo Comm. Presbyterian	1235 N. Thompson Rd.	Arroyo Grande	Pantry	Sun.	9-1pm	1-805-473-8059	Please call ahead for service.
SM Valley Hispanic Church	1575 Orchard Rd	Nipomo	Pantry	Mon & Wed.	7-8pm	1-805-929-5694	Must sign in.
Meals that Connect	200 E. Dana St	Nipomo	Meal	Mon-Fri	12-1pm	1-805-929-1066	Age 60+/ Go to site or call to sign-up/No income requirements
<b>FIVE CITIES</b>							
Harvest Food Pantry	124 W. Branch St.	Arroyo Grande	Pantry	Thurs.	10:30am-12pm	1-805-489-0692	Call at least a day ahead. <b>*TEMPORARILY CANCELED*</b>
Salvation Army	1550 W. Branch	Arroyo Grande	Pantry	Mon./Wed./Fri.	10am-2pm	1-805-481-0278	Bring proof of address. <b>*TEMPORARY TIME CHANGE*</b>
St. Patrick's Church	501 Fair Oaks	Arroyo Grande	Pantry	Tues-Thurs.	4pm-5pm	1-805-489-2680	Bring photo ID.
Five Cities Christian Women	192 S. 9th Street #B	Grover Beach	Pantry	Mon-Fri.	2pm-4pm	1-805-473-3368	Bring ID & proof of address.
People's Kitchen	946 Rockaway	Grover Beach	Meal	Daily	11:30am-1pm	1-805-489-3254	Must sign in to certify income eligibility.
Meals that Connect	1580 Railroad Street	Oceano	Meal	Mon-Fri.	11:30-12:30pm	1-805-489-5149	Age 60+/ Go to site or call to sign-up/No income requirements
New Life Community Church	990 James Way	Pismo Beach	Pantry	Tues-Fri.	9am-4pm	1-805-489-3254	Bring photo ID / 1 per month only.
Five Cities Meals on Wheels	780 Bello St	Pismo Beach	Meal	Mon-Fri.	8:30am-12pm	1-805-773-2053	<b>*TEMPORARILY CLOSED TO NEW CLIENTS*</b>
<b>SAN LUIS OBISPO</b>							
Grace Church	1350 Osos Street	SLO	Pantry	Sat.	7:30am-10am	1-805-543-2358	Must sign in to certify income eligibility.
Salvation Army	815 Islay	SLO	Pantry	Tues-Fri.	10am-2pm	1-805-544-2401	
40 Prado Homeless Services Center	40 Prado Rd	SLO	Meal	Daily	12-12:30pm	1-805-544-4004	Must sign in to certify income eligibility.
Meals that Connect	955 Monterey St	SLO	Meal	Mon-Fri	11:30am-12:30pm	1-805-543-0469	Age 60+/ Go to site or call to sign-up/No income requirements
Meals that Connect	11245 Los Osos Val. Rd	SLO	Meal	Mon-Fri	11:30am-12:30pm	1-805-541-1168	Age 60+/ Go to site or call to sign-up/No income requirements
Mountainbrook Comm. Church	1175 Calle Joaquin	SLO	Pantry	Mon. & Thurs.	3:30-4:30pm	1-805-543-3162	
Food Not Bombs SLO	1400 Osos St.	SLO	Meal	Sun.	1-3pm	1-240-855-7253	
<b>COASTAL COMMUNITIES</b>							
Cambria Vineyard Church	1617 Main St	Cambria	Pantry	Thurs.	12pm-2pm	1-805-927-5550	Sign for income elig. / Open 2nd & 4th Thursdays only.
Meals that Connect	2700 Eton Rd	Cambria	Meal	Mon-Fri.	12pm-1pm	1-805-927-1268	Age 60+/ Go to site or call to sign-up/No income requirements
Los Osos Cares	2180 Palisades Ave	Los Osos	Meal	Thurs.	5-6pm	1-805-592-2701	
King's Cupboard	1480 Santa Ysabel	Los Osos	Pantry	Tues.*	9am-11am	1-805-528-0391	*First 4 Tuesdays of the month only.
People Helping People	2180 Palisades Ave	Los Osos	Pantry	Wed.*	9:30am-10:30am	1-805-528-4169	Must sign in to certify income eligibility. *USDA fourth Wednesday of the month.
Trinity United Methodist Church	490 Los Osos Valley Rd	Los Osos	Pantry	Tues. & Fri.	10am-12pm	1-805-528-1649	Must sign in to certify income eligibility.
Meals that Connect	2180 Palisades Ave	Los Osos	Meal	Mon-Fri.	11:30am-12:30pm	1-805-528-6923	Age 60+/ Go to site or call to sign-up/No income requirements
Rock Harbor / Open Arms Pantry	1475 Quintana Rd	Morro Bay	Pantry	Sat.	9:00am-10:30am	1-805-772-7365	Sign for income eligibility. *USDA first Saturday of each month.
Salvation Army	540 Quintana Rd	Morro Bay	Pantry	Tues & Thurs.	1pm-3:30pm	1-805-772-7062	Bring photo ID and proof of address <b>*CLOSED TEMPORARILY*</b>
Meals that Connect	1001 Kennedy Way	Morro Bay	Meal	Mon-Fri.	11:45am-12:45pm	1-805-772-4422	Age 60+/ Go to site or call to sign-up/No income requirements
Food Group (EBAC) at Vet's Hall	209 Surf Street	Morro Bay	Meal	Mon.	5pm-6pm	1-805-225-1991	Meal served every Monday.
<b>NORTH COUNTY</b>							
ECHO	6370 Atascadero Ave	Atascadero	Meal	Daily	5pm-6pm	1-805-539-7503	Must sign in. Breakfast for overnight residents, take and go lunch.
Refuge Church	6955 Portola Rd	Atascadero	Meal & Pantry	Tues.	5:15pm-6:45pm	1-805-466-3354	Must sign in to certify income eligibility.
First Assembly of God	6030 Del Rio Rd	Atascadero	Pantry	Thurs.	1pm-2pm	1-805-466-2626	Must sign in to certify income eligibility.
Meals that Connect	5905-C East Mall	Atascadero	Meal	Mon-Fri.	11:30am-12:30pm	1-805-466-2317	Age 60+/ Go to site or call to sign-up/No income requirements
Loaves & Fishes	5411 El Camino Real	Atascadero	Pantry	Mon-Fri.	1pm-3pm	1-805-461-1504	Bring photo ID & proof of address.
Salvation Army	711 Paso Robles St.	Paso Robles	Meal	Thur.	9:30am-12pm	1-805-238-9591	
Meals that Connect	270 Scott St.	Paso Robles	Meal	Mon-Fri.	11:30am-12:30pm	1-805-238-4831	Age 60+/ Go to site or call to sign-up/No income requirements
Paso Cares	24th St. & Riverside Dr.	Paso Robles	Meal	Mon-Fri	5-5:45pm	1-805-712-4710	
St. James Episcopal	514 14th St.	Paso Robles	Meal	Sat.	12-1pm	1-805-712-4710	
First Methodist Church	24th St. & Riverside Dr.	Paso Robles	Meal	Sun.	4-5pm	1-805-712-4710	
Loaves & Fishes	2650 Spring St	Paso Robles	Pantry	Mon-Thur.	11am-1pm	1-805-238-4742	Bring photo ID & proof of address. *USDA third Thursday of the month.
			Pantry	Thurs.	5:30pm-7pm		
Meals that Connect	2210 H St	Santa Margarita	Meal	Mon-Fri.	11:45am-12:45pm	1-805-438-5854	Age 60+/ Go to site or call to sign-up/No income requirements

# FREE MEALS FOR CHILDREN IN SLO COUNTY

Food Service Departments across the county will provide an opportunity for ALL FAMILIES to drive thru or walk up and pick up meals at no charge for **all children under the age of 18 years old**. All children must be present in order for meals to be provided. These meals will be available for free for children regardless of what school they attend or if they are on the meal program.

## PASO ROBLES | 11:00 AM - 1:00 PM

Georgia Brown Elementary • Flamson Middle School

Winifred Pifer Elementary • Paso Robles High School

Meals will be provided through April 10th.

## TEMPLETON | 11:00 AM - 12:30 PM

Templeton Middle School at the bus loop

Meals will be available for pickup through April 3rd. No meals will be provided during Spring Break week, April 6-10.

## ATASCADERO | 11:00 AM - 1:00 PM

Meals will be available during Spring Break, March 24-31st:

Santa Rosa Academic Academy in the bus zone

San Benito Elementary in front of the school

## SAN LUIS COASTAL | Same as last week through Tuesday (3/24)

\*\*\*Starting Wednesday (3/25), we will close our sites and only be able to feed SLCUSD students and go from daily meals to one day/week where families can PRE-ORDER ONLY a week's worth of meals for ALL SLCUSD students in the household.

Online ordering: [www.slcusdfood.org](http://www.slcusdfood.org) | Helpline to assist families: 805-549-1270

Pick-up Locations:

Los Osos Middle School • Laguna Middle School • Pacheco Elementary • Del Mar Elementary  
Sinsheimer Elementary

## LUCIA MAR | 11:00 AM - 1:00 PM

Fairgrove Elementary • Mesa Middle School • Judkins Middle School

Nipomo High School • Arroyo Grande High School

Meals will be provided through April 20th.

## SHANDON | 11:00 AM - 12:00 PM

Shandon Elementary in the parking lot

Meals provided until school returns.

## CAMBRIA | 11:00 AM - 1:00 PM

Coast Union High School in the cafeteria

Meals will be provided through March 20. Meals will not be provided during Spring Break, March 23 - March 30.



## SAN MIGUEL | 11:00 AM - 1:00 PM

Lillian Larsen Elementary at the drop off zone

Meals provided through March 27th.

## CAYUCOS | 11:00 AM - 1:00 PM

Cayucos Elementary in front of the school

\*Grab & Go meals in front of the school, for Cayucos students only. Until March 31st (so far)

## **HANCOCK COLLEGE**

Hancock College will operate as an emergency food distribution site for community members two days a week beginning March 26.

The drive-through service at Hancock's Santa Maria campus will offer prebagged, nonperishable food Tuesdays and Thursdays, beginning at 11:30 a.m. and continuing until all the food for the day has been distributed.

The distribution area will be located at Entrance 2 off South Bradley Road near Building B, with signs posted to direct community members to the location.

## *Shelters*

### **CAPSLO - 40 PRADO**

As of March 23rd, the Center located at-40 Prado Road, San Luis Obispo, CA: 805-544-4004, x-100, is open and working with onsite partner, Community Health Centers, to keep volunteers, clients and staff safe. Due to the ever-changing situation please call 40 Prado to get the latest information on restricted access. We are currently only allowing in-county residents in the shelter that have used our services in the past or are current participants. We are currently not accepting new clients.

In order to allow for health screening before entering the site, all people staying the night must arrive by 3 p.m. All other programs provided at 40 Prado are currently operating; this includes Recuperative Care, SLO-HUB for co-occurring mental health and substance abuse issues, case management, laundry, showers, three meals a day, safe parking, etc.

Two temporary trailers have been placed outside of 40 Prado in order to isolate individuals who are exhibiting COVID-19 symptoms and need further medical evaluation.

## **5 CITIES HOMELESS COALITION**

5Cities Homeless Coalition offices in Grover Beach remain closed, but staff members are on duty, working from home and in the field. If you live in South County and need help, please see “RESOURCES” below, or you can call 5CHC at 805-574-1638 during normal business hours. Our office is open between 1-2 M-F to provide mail to anyone currently using our address for their mail. We are not accepting anyone new for mail services at this time.

Good Samaritan-5 Cities Homeless Coalition’s program is continuing. Please call 805-202-3056 for more information.

## **ECHO**

ECHO Shelter remains open and accessible, and has expanded its public shower program in the wake of COVID-19. The program is now open every weekday, Monday through Friday, from 3 to 5 p.m.

Two temporary trailers have been placed outside of 40 Prado in order to isolate individuals who are exhibiting COVID-19 symptoms and need further medical evaluation.

## **GOOD SAMARITAN**

Due to the mounting concerns surrounding COVID-19 and the health and safety of our staff and current clients, no new clients will be admitted to our shelters at this time, and no current clients will be exited until further notice. Client currently residing in our shelters are being encouraged to stay in throughout the day, only leaving for essential services and functions. All clients receiving outpatient drug and alcohol treatment services and mental health services will be able to meet one on one with their counselors/therapists to ensure continued care.

## **SANTA MARIA HIGH SCHOOL**

The Santa Maria High School gymnasium will now operate as a 24-hour emergency shelter to provide the homeless a place to stay and serve as a precaution against the coronavirus.

Entrance into the shelter is permitted from 6 a.m. to 9 p.m. daily, with sleeping cots, showers, hand washing and phone charging stations, and three meals a day offered to clients when they walk in the door. The gym has a capacity of 80 people with sufficient space for six feet of social distancing between people.

The high school is located at 901 S. Broadway, and the entrance to the gym is at Gate 12 off Stowell Road.

## **ATASCADERO WARMING CENTER**

Located at the Lutheran Church of the Redeemer in Atascadero  
The Warming Center is open and operating when there is a 50% chance or greater of rain or when the temperature is forecast to be 40 degrees or less until April 15th.

This center provides meals, clothing, and other services.

## **SAFE OVERNIGHT PARKING**

*Oceano Coastal Dunes RV Park + Campground*

**7:00 PM to 7:00 AM**

**1001 Pacific Boulevard, Highway 1, Oceano**

*SLO Veteran's Hall*

**7:00 PM to 7:00 AM**

**801 Grand Avenue, San Luis Obispo**

Sites are equipped with hot showers and bathrooms. We will also have an onsite staff person to check families and individuals in and ensure a safe environment throughout the night.



# Families

## THE LINK + CENTER FOR FAMILY STRENGTHENING SLO

Our programs remain operational and we are committed to serving our community during this unusual time.

Please contact Family Advocates (listed below) for assistance.

For family resources and support in Spanish, please call the Promotores Collaborative of San Luis Obispo County Program Coordinator Fernanda Lucas at (805) 462-7135. The San Luis Obispo County Promotores continue working diligently to ensure that they are providing resources in Spanish and support by phone to the Latino Community in this time of need. They are connecting families with resources, providing updates on the food bank distributions, and sharing kids' activity websites. The Promotores continue providing interpretation for Monolingual families at all the Behavioral Health Clinics of San Luis Obispo County. They are also assisting at Food Bank Distribution at North County sites.



### Family Advocates

<b>Sonia Greene</b>  805.674.3827 <a href="mailto:SGreene@linkslo.org">SGreene@linkslo.org</a>  Grades K-5 Atascadero	<b>Bessy Hoffman</b>  805.712.5038 <a href="mailto:bhoffman@linkslo.org">bhoffman@linkslo.org</a>  Ages 0-5 Atascadero Templeton  Atascadero High School	<b>Elena Chavez</b>  805.712.6487 <a href="mailto:echavez@linkslo.org">echavez@linkslo.org</a>  Ages 0-5 Paso Robles, San Miguel Shandon  Grades K-5 Paso Robles	<b>Tonya DeRose</b>  805.952.5403 <a href="mailto:tonyaderose@linkslo.org">tonyaderose@linkslo.org</a>  Flamson Middle School  Paso Robles High School	<b>Danilda Reyes</b>  805.674.9505 <a href="mailto:dreyes@linkslo.org">dreyes@linkslo.org</a>  Coast Union High School  Leffingwell High School  Cambria Elementary School	<b>Rocio Hernandez</b>  805.235.6610 <a href="mailto:rhernandez@slcsd.org">rhernandez@slcsd.org</a>  Morro Bay High School  Los Osos Middle School  Baywood Elementary School  Del Mar Elementary School  Monarch Grove  Pacheco	<b>Erica Andrade</b>  805.952.3695 <a href="mailto:erica@linkslo.org">erica@linkslo.org</a>  Judkins Middle School  Mesa Middle School
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## *Veterans*

### **SSVF**

SSVF is continuing to provide services to assist veterans and their families find housing. Please call to access services.

South County Clients: (805) 574-1638

San Luis Obispo and Coastal Areas: (805) 534-1698

North County Clients: (805) 237-0352

## *Internet*

### **SPECTRUM-CHARTER**

Free Internet for families. Charter-Spectrum is offering free access to broadband and WiFi services to households with students who do not already have the services. To enroll call 1-844-488-8395. Installation fees will be waived for new student households. For More Information visit the following website:

<https://www.spectrum.net/support/internet/coronavirus-covid-19-information-spectrum-customers>

Spectrum is offering free WiFi for 60 days to households with K-12 and/or college students who do not already have a Spectrum broadband subscription at any service level up to 100 Mbps. To enroll call 1-844-488-8395 and reference "Student Remote Educational Services through Spectrum." Installation fees will be waived for new student households.

For eligible low-income households without school-aged children, Spectrum offers Internet Assist, a low-cost broadband program delivering speeds of 30 Mbps.

## FREE WIFI HOTSPOTS

### Free WiFi Hotspots in South County

To join a hotspot, simply connect to the SSID "SpectrumWiFi"—no username/password required.

#### Arroyo Grande

- The Washboard Laundromat
- Cultivations Barbershop
- Sunset North Car Wash
- Tamed Wild Apothecary
- Old Village Grill
- Eclair Bakery

#### Grover Beach

- Cedar And Cloths
- Solutions Counseling
- Leachman Home Loans
- Coastal Demo Inc
- Ph Technologies
- Rib Line
- Bittersweet Brewing

#### Company

- Sky River RV

#### Pismo Beach & Shell Beach

- Subway
- This And That
- Del's Pizzeria
- Pismo Coast Realty
- Debu of Pismo Beach
- Slim Dilly Dogs
- Five Cities Chevron

#### Nipomo

- Pure Bliss Spa
- J G Contracting
- California Sushi Terriyaki
- CoastHills Credit Union

## *Open Spaces*

### **STATE PARKS**

California State Parks announced today the temporary closure of all campgrounds in the state park system to support state and local efforts to slow the spread of COVID-19 (coronavirus).

As of today, non-campground outdoor areas of parks, including trails and beaches, remain open. Visitors are reminded to practice social distancing and maintain at least six feet between other visitors and anyone who is coughing or sneezing. Restrooms also remain open, and visitors are advised to take soap for hand washing and alcohol-based hand sanitizers when water is not available.

### **CITY PARKS**

All City park playground structures are closed until further notice. Parks space and Open Space remain open.

### **EL CHORRO REGIONAL PARK**

El Chorro Regional Park will be closed for camping and soon opened as a treatment area for homeless individuals with Covid-19 symptoms.

## *Transportation*

### **SLO TRANSIT:**

March 23, its bus rides will be free to all riders until further notice. It's common practice for transit systems to offer free rides during times of crisis, and according to SLO Transit Manager Gamaliel Anguiano, the move will make public transportation more accessible to those facing financial hardship while also discouraging behavior that might further the spread of coronavirus.

### **RTA/PASO EXPRESS AND SOCO TRANSIT**

We will provide free bus service until further notice. This applies to Runabout paratransit services as well.

Passengers without mobility disabilities will be boarding and alighting from the vehicle from the "rear door" which is in the middle of most buses to minimize contact with bus operators at the front door and farebox area.

# Unemployment

## UNEMPLOYMENT + WORKERS' BENEFITS

Program	Why	What	Benefits
<b>Disability Insurance</b>	If you're unable to work due to medical quarantine or illness related to COVID-19 (certified by a medical professional)	Short-term benefit payments to eligible workers who have a full or partial loss of wages due to a non-work-related illness, injury, or pregnancy.	Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 52 weeks.
<b>Paid Family Leave</b>	If you're unable to work because you are <b>caring for</b> an ill or quarantined family member with COVID-19 (certified by a medical professional)	Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for a seriously ill family member.	Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 6 weeks.
<b>Unemployment Insurance</b>	If you have lost your job or have had your hours reduced for reasons related to COVID-19	Partial wage replacement benefit payments to workers who lose their job or have their hours reduced, through no fault of their own.	Range from \$40-\$450 per week for up to 26 weeks.
<b>Paid Sick Leave</b>	If you or a family member are sick or for preventative care when civil authorities recommend quarantine	The leave you have accumulated or your employer has provided to you under the Paid Sick Leave law.	Paid to you at your regular rate of pay or an average based on the past 90 days.
<b>Workers' Compensation</b>	If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits.	Benefits include temporary disability (TD) payments, which begin when your doctor says you can't do your usual work for more than three days or you are hospitalized overnight. You may be entitled to TD for up to 104 weeks. TD stops when either you return to work, your doctor releases you for work, or your doctor says your illness has improved as much as it's going to.	TD generally pays two-thirds of the gross wages you lose while you are recovering from a work-related illness or injury, up to maximum weekly amount set by law. In addition, eligible employees are entitled to medical treatment and additional payments if a doctor determines you suffered a permanent disability because of the illness.

## *Housing*

### **HASLO**

HASLO has suspended public access to our main office and our property offices until further notice. We are still conducting business via telephone and email.

### **EVICTIION INFORMATION**

On March 18th, in partnership with all seven incorporated cities in San Luis Obispo County, (Arroyo Grande, Atascadero, Grover Beach, Morro Bay, El Paso de Robles, Pismo Beach, and San Luis Obispo), County Emergency Services Director Wade Horton issued an executive order suspending evictions by landlords related to any rental property in San Luis Obispo County for failure to pay rent, foreclosure or decrease in household or business income due to COVID-19. These types of evictions are suspended through May 31, 2020.

## *For Service Providers*

### **THE FOUNDATION**

In response to the Conronavirus (COVID-19) pandemic, the Foundation has opened its Disaster Support Fund and will waive all administrative fees to provide urgent assistance to organizations working in the impacted communities. Foundation grants will provide flexible resources to organizations in our region working with communities who are impacted by the Coronavirus and the economic consequences of this outbreak.