



# Assisted Outpatient Treatment (AOT)

## Referral information

Email us at [BH.AOT@co.slo.ca.us](mailto:BH.AOT@co.slo.ca.us) for a referral form, or fax a referral to (805)781-4866

For More Information Contact:

- Visit our website: <http://slocounty.ca.gov>
- DHCS: [Assisted Outpatient Treatment Program \(ca.gov\)](#)
- Treatment Advocacy Center: [AOT IMPLEMENTATION FAQ - Treatment Advocacy Center](#)
- Garth Turner, AOT Administrative Service Officer  
Phone: (805) 781-1143

*The San Luis Obispo County Health Agency complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.*

*ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 838-1381*



*"AOT court-ordered petitioners receive **client driven wrap around services** that include, but are not limited to, intensive case management, psychiatry and medication management and various therapeutic interventions."*

San Luis Obispo County Behavioral Health Department  
Justice Services Division  
2180 Johnson Avenue, San Luis Obispo, CA 93401-4535



## About AOT

**AOT is court-ordered, outpatient mental health treatment for individuals with serious mental illness who are unable to be safe in the community without treatment.**

Laura's Law went into effect in SLO County in March 2016. This law allows County Behavioral Health to petition a civil court judge to order an adult into AOT when the referred adult needs this level of treatment to be safe in the community.

**For clients meeting court requirements** AOT staff will make numerous outreach attempts to engage and support them in accessing voluntary services. AOT is a field-based, "whatever it takes" approach available throughout SLO County.



## What does AOT help with?

- Services are first offered voluntarily if the person is willing to accept help
- AOT provides oversight by a Judge when needed to encourage compliance
- AOT cannot force medication

**AOT outreach and treatment services are provided by a Full Service Partnership (FSP) team. The services offered to court-ordered AOT clients include:**

- Intensive case management
- Co-occurring treatment to address both mental health and substance use disorder needs
- Rehabilitation services
- Medication evaluation and support services

## Who can Request AOT?



- Immediate adult family member
- Adults residing with individual
- Director of treating agency, organization, facility, or hospital providing MH services.
- Treating licensed mental health professional
- Peace officer, parole or probation officer supervising the individual.
- Judge

## Who Qualifies for AOT?



- San Luis Obispo resident, minimum of 18 years of age
- Suffering from a serious mental illness
- Person's condition is at risk of substantially deteriorating
- Person has a history of refusing county mental health or partnering agency treatment
- Person is unlikely to survive in the community without treatment.
- Person has 2 or more hospitalizations in the last 36 months, and/or incarcerations due to untreated mental health resulting in serious violent behavior, threats or attempts of physical harm in the last 48 months
- Person is likely to benefit from AOT.

