

Behavioral Health Board Minutes
San Luis Obispo County
April 20, 2022
3:00p.m.

MEMBERS PRESENT:

Barbara Levenson
Pamela Zweifel
Marshall Hamilton
Sup. Ortiz-Legg
Eulalia Apolinar
Mary Bianchi
Rose Fowler Plummer
Dana Ready
Tom Milder (for Chief Reyes)
Amber Gallagher
Johnny Rodriguez

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate
Brita Connelly
Caroline Schmidt

MEMBERS ABSENT:

Josh Pintor (for Sheriff Parkinson)
Joseph Kurtzman
David Riester
Nicole Bennett
Melissa Cummins

GUESTS:

Clint Weirick
Mike Bossenberry
Jonathan Nibbio
Jasmine Moore

1. Barbara Levenson called meeting to order @ 3:03 pm.

2. Introductions and Announcements:

- Round-table introductions.

3. Public Comments:

- None

**4. Approval of Minutes: Minutes from March 16, 2022
M/S/C: Pam Zweifel/Marshall Hamilton Abstain: None**

5. Ongoing Business:

A. Administrative Action: VOTE TO APPROVE A RESOLUTION ACKNOWLEDGING GOVERNOR NEWSOM'S PROCLAMATION OF A STATE OF EMERGENCY AND AUTHORIZING MEETINGS BY TELECONFERENCE UNTIL THE BHB'S NEXT REGULARLY SCHEDULED MEETING PURSUANT TO THE RALPH M. BROWN ACT, AS AUTHORIZED BY ASSEMBLY BILL (AB) 361

Vote in favor of meeting by Zoom in April: Pam Zweifel, Mary Bianchi, Marshall Hamilton, Eulalia Apolinar, Amber Gallagher, Josh Pintor, Barbara Levenson, Melissa Cummins, Sup. Ortiz-Legg, Tom Milder, Rose Fowler Plummer, Dana Ready

All in favor of meeting by Zoom in May.

B. AD-HOC Committee Procedures and Topics

Mary Bianchi: AD-HOC proposal format was approved last year. Form was sent ahead of time to BHB members. Would like feedback on protocol. The following is a list of BHB members interest of places to visit:

- Mary Bianchi: Paso Robles Drug and Alcohol Services
- Marshall Hamilton: SLO Mental Health Youth
- Eulalia Apolinar: Services Affirming Family Empowerment (SAFE)
- Dana Ready: Any of the listed Youth programs
- Pam Zweifel: Assisted Outpatient Treatment
- Amber Gallagher: Any Youth programs wherever there is a need

Members on this committee: Mary Bianchi, Eulalia Apolinar, Joseph Kurtzman, Barbara Levenson.

6. New Business: Development of Annual Report- Barbara Levenson

- Please send comments on what you'd love to cover on the Behavioral Health Board Annual Report. Would like to mention we are soliciting new BHB members.
 - Rose Fowler-Plummer: Homeless and Mental Health issues, how to navigate the system. Will write notes/talking points and submit to Barbara Levenson.

7. Membership Committee Report-

- Dana Ready's application to BHB was approved by Board of Supervisors yesterday. Welcome Dana!
- Need to recruit new members.

8. Committee Representatives Update:

- ❖ Marcella Paric and Joyce Heddleson have resigned Will evaluate and make recommendations at next meeting for representatives.

9. **Member Current Subject of Interest/ Member Highlight- Mary Bianchi** shared her interest, passions and why she became a Behavioral Health Board Member.

10. Director's Report:

- Anne reviewed Care Court: CARE Court is a proposed framework to deliver mental health and substance use disorder services to the most severely impaired Californians who too often languish – suffering in homelessness or incarceration – without the treatment they desperately need. They are focusing on people with schizophrenia spectrum or other psychotic disorders who lack medical decision-making capacity – before they enter the criminal justice system or become so impaired that they end up in a Lanterman-Petris-Short (LPS) Mental Health Conservatorship.

For more information about CARE Court: <https://www.chhs.ca.gov/care-court/>

- Homeless strategy- we need to develop a strategic plan hoping to reduce homelessness. Anne shared the following presentation:

Please email Anne with any questions.

11. **Presentation: May Activities for MH Month/Suicide Prevention- Caroline Schmidt and Brita Connelly**

- May is Mental Health Awareness Month. Theme this year is “Take Action for Mental Health”
- Mental Health website: SLOCounty.ca.gov
<https://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Department-News/2022/Take-Action-for-Your-Mental-Health-This-May.aspx>
- Great resources and fun activities.
- Focusing on different areas in SLO County for food distribution sites
- Journey of Hope: Tuesday, May 10th 5pm-8pm
- Bike Breakfast: Wednesday, May 18th 7am-9am
- We have a new Radio Show: “En Confianza Con Laura” hosted by Laura Zarate on 1600AM and 92.9FM every Friday from 12pm-12:30pm. This is a great way to reach out to our Spanish-speaking community, provide information and resources. We will be providing information on May’s Mental Health Awareness Month the whole month of May.
- Will come back in August to present on Suicide Prevention.

12. **Adjourn at 4:40pm**