



MHSA Advisory Committee Meeting

Wednesday March 27, 2024

3:00pm-5:00pm

Atascadero Library

6555 Capistrano, Atascadero

& Live via Zoom

Meeting Minutes

1. Karina Silva Garcia, CSS Coordinator, welcomed the Advisory Committee at 3:00 pm. All participants introduced themselves and Karina presented the goals for the meeting. Karina also reviewed the advisory process, format, and rules for the meeting (e.g., consensus voting, no rules of order, etc.).
2. **Department Updates:** Star Graber, Behavioral Health Director
 - a. The County Behavioral Health Dept. is working with Sierra Mental Health to raise public awareness for Mobile Crisis.
 - b. SLO County and Santa Barbara County are coordinating the “Fentanyl is forever” media campaign with the Opioid settlement funding.
 - c. Prop 1, Star stated that the County stands with the community partners to develop programs, and to fund what we can, while seeking alternate funding sources.
3. **Fiscal Update:** Jalpa Shinglot, MHSA Accountant
 - a. The Fund Balance as of March 21, 2024 (excluding actual Prudent Reserve) is \$19,618,292 with the Prudent Reserve Fund Balance of \$2,774,412.
 - b. Anticipate large fluctuations in funding. Large annual adjustment in FY23/24 due to capital gains spike in 2021. More typical annual adjustment in FY24/25 and FY25/26 due to lower capital gains realizations.
4. **MHSA Reform Presentation:** Christina Rajlal, MHSA Coordinator
 - a. Word Cloud: top words that people think of when we think of prop 1? Christina Rajlal gave a quick overview of what prop 1 is and does. These are some of the answers; Anxious,

Conflicted, Uncertain, Loss, frustrated, excited. Question two what are your highest priorities? Shelter, Long term care, Housing, Treatment facilities, Youth, Mental health.

- b. Presentation: Gov. Newsome intended SB326 to Reform MHSA to BHSA the intent is to create equity, treatment, and housing. The three new funding buckets are 30% to housing: this is ambiguous regarding services. 35% to full-service partnership which houses wraparound services, Community Service Support 35%, which states 51% is for early intervention, we are looking to the state for a more comprehensive definition of what is defined as early intervention. We are seeing shortfalls in FSP of 2.5M and CSS 13.3M. With the funding drop we are seeking grants and hope to maintain programming by shifting funding. We are now in transition planning as the county is running in a deficit.

5. Old Business: The following decision/funding requests were approved by the Advisory Committee after an electronic vote held February 6, 2024.

- a. MHSSA sunset/sustainability: this was a grant approved over the next two years for programs at 6 middle schools.
- b. LPT short-term/one-time position: supporting homelessness services and Bridge Housing services.
- c. Introduction of Dr. Christina Rajlal, MHSA Coordinator.

6. New Business:

- a. Contract updates: Karina and Landon are reaching out to our partners to set up contract meetings, stating we realize it's not the best timing, but it is a requirement.
- b. Program updates:
 - i. Atascadero Wellness-Transitions Mental Health Association has three Wellness Centers, Hope House in San Luis Obispo, Safe Haven in Arroyo Grande, and Life House in Atascadero. The Wellness Centers have many groups and offerings such as Meditation, coping with loss, peer support, self-compassion and many more. It's a free service offered to adults 18 and older, they are open Monday-Friday 9:00am to 4:30pm.
 - ii. Homeless outreach Team (HOT) -Homeless Outreach Services provides mobile outreach to the most underserved population. Coordinates homeless services with community partners. HOT Full-Service Partnership provides a full range of services to severely mentally disabled homeless clients. Library Outreach connects library patrons

experiencing homelessness with a social worker and Case Manager. Forensic Re-entry helps currently incarcerated individuals' transition back into the community.

7. CSS Program Updates: Karina Silva Garcia, CSS Coordinator

- a. We are contacting partners for Request for Proposals (RFP).

8. PEI Program Updates: Landon King, PEI Coordinator

- a. Currently not expanding any new PEI projects due to the MHSA reform.

9. Innovation Program Updates: Landon King, INN Coordinator

- a. Current projects (Round 5). SoundHeal: Heal and Behavioral Health Education and Engagement Team (BHEET): TMHA.
- b. Recently launched (Round 6). Embracing Mental and Behavioral Health for Residential Adult Care & Education (EMBRACE).

10. WET Program Updates: Annie Jankovitz, College Wellness Coordinator

- a. Suicide Prevention & Intervention April 17 is full. Registration was sent out on March 4. More opportunities will be offered next fiscal year. Limited to 100 participants.
- b. Trauma Informed Care: Addressing Substance Abuse and Trauma-with a youth focus April 17. The flyer and registration were sent out March 7.
- c. Advanced Seeking Safety Training April 24. Registration was sent out to staff trained in Intro to Seeking Safety on March 12.
- d. Upcoming training plan: DBT skills training proposal, likely a 2-day training, used to build on DBT skills.

11. Updates:

- a. MHSA Reform Survey
- b. In-Person Hybrid MAC Meeting May 29.

12. Next Meetings:

Wednesday, May 29; July 31; Sept. 25, 2024. All meetings are scheduled for 3:00-5:00pm.

Meeting adjourned: 5:00pm

13. Attendees: Raven Lopez, Karina Silva Garcia, Landon King, Stephanie Carlotti, Michael Kaplan, Leslie Brown, Dylan Hunt, Star Graber, Jalpa Shinglot, Rebecca Redman, Cyndi Barnett, Mark

Lamore, Amelia Grover, Morgan Torell, Barbara Levenson, Andrea Lawson, Mariana Gutierrez, Andrew Harris, Traci Autry, Clint Weirick, Trista Ochoa, Christina Rajlal, Frank Warren, Mike Bossenberry, Dawn Marie Anderson, Sarah Hayter, Tanya Derose, Lisa Fraser, Morgan Vivian, Lisa Kania, Mark Woelfle, Laurie Trejo, Michael Azeveh, Vivian Pevaney-Fuce, Charles Kania, Tracey Johnson, Charles Kathumin, Gus Chavez, Dan Cano