

**COUNTY OF SAN LUIS OBISPO
HEALTH COMMISSION**

Minutes of Meeting

Monday, April 9, 2018 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage (Chair), Jinah Byram, Robert Campbell, Jean Raymond, Tamar Sekayan, Susan Warren, Candace Winstead

Members Absent: Kris Kington-Barker, Claire Grantham

Staff Present: Dr. Penny Borenstein, Jean White

Speakers: Grace McIntosh (Deputy Director, Community Action Partnership); Laura Weir, (Homeless Services Coordinator, DSS)

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order at 6:00 PM by Chair Sage.	<i>Call to Order</i>	<i>Chair Sage</i>
2. Approval of Minutes	Minutes of March 12, 2018 were approved as drafted.	<i>March 12, 2018 minutes approved</i>	<i>All</i>
3. Public Comment	Chair Sage opened the floor to public comment with no response.		
4. Presentation: <i>Medically Fragile Programs in San Luis Obispo County:</i> <ul style="list-style-type: none"> • <i>40 Prado</i> • <i>Recuperative Care Program</i> • <i>50 Now Program</i> 	<p>Grace McIntosh, Deputy Director, Community Action Partnership of SLO County, presented a Power Point update on 40 Prado, a new homeless service center. Currently, there are two separate facilities – the Prado Day Center (day facility) and the Maxine Lewis Memorial Shelter (night shelter). When 40 Prado is built, those two facilities will cease to exist and 40 Prado will be one consolidated facility. 40 Prado will have 100 beds, a commercial kitchen, 40 hours/week therapist for substance abuse and mental health issues (subcontracted through Transitions Mental Health Association (TMHA)), and CHC will have two medical exam rooms to provide a patient center home. Ms. McIntosh also provided an update on the feasibility study that was conducted that determined there is enough room to build a separate detox facility on the current footprint of 40 Prado. There will be 8-10 beds for adult clients who would be placed by County Drug & Alcohol and operations would be conducted through an RFP from Drug & Alcohol Services. Timeline for this facility is 22-24 months.</p> <p>Ms. McIntosh continued her presentation, with an update on the <i>Recuperative Care Program</i>, a program in partnership with CenCal Health that targets the immediate needs of patients being discharged from an acute hospital setting or ER due to homelessness, requiring a variety of service needs with no placement options. They began the program in August 2016 and opened up 6 beds at the Maxine Lewis Memorial Shelter for these patients, providing 24-hour supervision of the patient, transportation to pharmacy & medical appointments, nursing education/support, and case management. Results have shown this is a financial feasible program by limiting the number of patient bed days and keeping the patient from returning to the hospital.</p> <p>Commissioner Sage asked what is needed to serve more patients in the near future. <i>(Ms. McIntosh answered that they will be going from 6 beds to 9 beds in the new facility. If they had more funding, they could add more staff and increase the number.)</i></p> <p>Commissioner Sage asked if they receive patients from all four hospitals. <i>(Ms. McIntosh answered yes, although the majority have been from French and Sierra Vista.)</i></p>	<p><i>A copy of the Power Point presentation is filed with the official record of the meeting.</i></p>	

Commissioner Warren asked about their numbers as compared to Transitions Food & Shelter in North County. *(Ms. McIntosh is unaware of Transitions Food & Shelter numbers, but noted they are usually full. She talked about the differences in the monitoring of patients at the facilities, noting the need for both types of care.)*

Commissioner Warren asked if the CHC exam rooms at the shelter will only be open to homeless persons who are residents of the facility or if others would have access to those CHC services. *(Ms. McIntosh advised that the ideal is that this will become a patient center home, so anyone would be able to come in; although it would require paperwork be completed.)*

Commissioner Warren asked if drug & alcohol and mental health services will be offered onsite. *(Ms. McIntosh advised they will be working with CHC for the mild to moderate. For individuals who have an open mental health case, they will still have to go to County Mental Health. They are contracting with TMHA for the integrated treatment program for up to 30 clients.)*

Commissioner Warren is concerned about transportation issues. *(Ms. McIntosh assured that if someone has to attend a class or a meeting and they let them know, they will make accommodation. Ideally, they will continue to have AAA meetings on site.)*

Commissioner Campbell referred to the cost comparison slide and asked who is paying for the hospital bed stays. *(Ms. McIntosh explained that CenCal Health is SLO County's MediCal Managed Care provider and they manage all of the MediCal recipients.)*

Commissioner Campbell asked about the "7 prescription max." *(Ms. McIntosh advised that CenCal Health has a cap on the number of prescription medications that are covered through CenCal Health for a patient at any given time. A patient cannot have more than 7 prescription medications unless you request a waiver (doctor's authorization)).*

Commissioner Byram clarified that as a provider, 60% of her patients are CenCal Health and many of them have more than 7 medications. They never not prescribe because of the limitation and they have always been covered. *(Ms. McIntosh agreed, explaining that it requires some navigation and education to clients.)*

Laurel Weir, Community Relations and Program Development Manager, Department of Social Services, and staff for the County Homeless Services Oversight Council (HSOC), presented tonight on the County's **50 Now Program**, a housing first program for chronically homeless people that uses a vulnerability index to prioritize people for the housing. In 2014, they received final approval and funding for a 3-year pilot project and partnered with the Housing Authority of San Luis Obispo. The County provides funding for services as well as security deposits and move-in expenses and the Housing Authority provides housing choice vouchers. They contracted with TMHA to operate the program. The Board voted last year to continue the program. HSOC is considering recommendations to the Board to expand the program, with a preliminary recommendation to expand it by 10 slots each year for the next 3 years. Ms. Weir also talked about some of the other housing programs they have been gradually trying to integrate to meet more needs; one, a federally funded program called the Continuum of Care Supportive Housing Program (less service intensity than 50 Now) and a new program called The Housing and Stability Advocacy Program.

	<p>Commissioner Raymond asked where the majority of their referrals come from. <i>(Ms. Weir answered it is a combination of various homeless service agencies, along with the homeless outreach team; also hospitals and the Morro Bay Community Resource Center.)</i></p> <p>Commissioner Winstead asked what the most common reason is for folks leaving their program. <i>(Ms. Weir answered that some have had a terminal illness and have passed away; the other common reason is addiction disorders.)</i></p> <p>Commissioner Winstead asked how they would expand if they had unlimited resources. <i>(Ms. Weir noted that there are approx. 400 chronically homeless individuals in any given year and at least 60-70 homeless families with children who are chronically homeless. She would like see supportive housing for these folks with the level of service that is appropriate for their needs.)</i></p> <p>Commissioner Warren asked about the need for volunteers. <i>(Ms. Weir noted that they will train volunteers if they are experienced working with the homeless population and working with folks with mental illness or drug & alcohol problems.)</i></p> <p>Commissioner Byram advised that CHC now has nurse practitioner who is specialized and treats Hepatitis C, as long as the patient does not have an advanced stage of Hepatitis C. She is based in Nipomo, 3 days a week, and transportation is provided.</p> <p>Ms. Weir added that the Board of Supervisors has asked HSOC to bring recommendations forward on types of housing that are needed, where to address homelessness, and case management recommendations. The executive committee is meeting this week to finalize their recommendations and will bring those forward to the Board of Supervisors on May 1, 2018.</p>		
<p>5. Health Agency/Public Health Report</p>	<p>Dr. Penny Borenstein, Health Officer/Public Health Director, reported:</p> <ul style="list-style-type: none"> • Public Health Week: Last week was National Public Health Week and Public Health staff were present at Farmer’s Market in SLO to showcase what Public Health does through interactive fitness demos, games, & exercises for kids, seniors and every age in between. • Mosquito Surveillance: Environmental Health started their annual seasonal mosquito surveillance this week to determine what types of mosquitoes they are seeing in our community, hoping to stave off the Aedes species, carrier of Zika, Yellow Fever, Dengue, etc. They will not be moving forward with a broader mosquito control program at this time. • Medically Indigent Services Program (MISP): At last month’s meeting, Dr. Borenstein Introduced Laura Jamieson, Public Health Nurse, MISP, whose expanded role will be to help navigate people to whatever source of care is available to them – MISP, MediCal, Covered CA, finding a provider, etc. Ms. Jamieson can be reached at 781-4838. MISP is also in the process of updating a very old database into the new EHR System. • Emergency Management Training: Key players from all of the County agencies just spent four days at Camp San Luis at a specialized training for emergency management. Earthquake was the emergency of choice for this training exercise. • Women, Infants, and Children (WIC) Audit: Kudos to WIC staff! State auditors recently conducted an audit of WIC and found “no findings,” which is almost unheard of. • Air Pollution Brochures: Public Health has been working with APCD to update the educational materials that were produced in 2012. There are three different brochures related to cardiac & 		

	<p>respiratory illness and air pollution on ways that people can deal with exposures and avoid exposures to keep themselves healthier. The brochures are generic and not specific to particulate matter or any geographical area. They are in the process of distributing these to provider's offices and throughout the community.</p> <ul style="list-style-type: none"> • Community Health Improvement Process: Commissioner Warren asked if there was any follow up from the Community Health Improvement Process. <i>(Dr. Borenstein advised they are hoping to get a first draft out within the next several weeks.)</i> 		
6. Health Commissioner Updates	<p>Commissioner Campbell provided a recap and update on the Nipomo Mesa air pollution problem. The APCD Hearing Board rejected a proposed agreement by the APCD and State Parks because it was "too weak." They have been directed by the APCD Hearing Board to come back with an agreement with some very stringent requirements that would reduce the particulate pollution on the Nipomo Mesa by 50%. The next meeting is on Monday, April 30, 2018 in the Board Chambers.</p> <p>Commissioner Byram attended the SLO County Health and Fitness Expo where she learned that there is a residential program for substance abuse treatment called "Heaven at Pismo Beach." They have been in business for about a year and will take adolescents and adults, male & female. They do not accept CenCal or Medicare, but accept all private insurances.</p> <p>Commissioner Warren encouraged people to attend or watch the Board of Supervisors meeting on May 1st, where HSCO will be presenting their recommendations to the Board.</p> <p>Commissioner Sage reported that the Oral Health Coalition met last week and introduced the new Oral Health Program Manager. Joel Diringer was present at the meeting and talked about the strategic plan they are putting together for Oral Health.</p> <p>Commissioner Sage reported that the Tobacco Control Coalition meets this Wednesday. She will attend the meeting, but asked for a volunteer to replace David Clous as the commissioner liaison on this committee. Meetings are every other month, on Wednesday at 4:00 PM.</p> <p>Commissioner Sage noted that the Healthy Communities Workgroup meetings are the first Thursday of every month at 8:00 am. They are currently gathering data on number of plans they have reviewed and commented on over the past year. She will bring this data back to the commission after it is completed. The Workgroup is also planning a public event on "housing" in October for Healthy Communities Month. Details to follow.</p>		
7. Committee Reports	<p>Nominating Committee: The Commission is recruiting to fill three vacancies (1 Direct Provider and 2 Consumers). Applications are available on the Health Commission website at www.slopublichealth.org/healthcommission.</p>		
8. Prospective Future Items	<p>Next meeting: May 14, 2018; 6:00 PM; County Government Center Board Chambers</p> <p>Chair Sage reminded everyone that "Emergency Management" was recommended as a future agenda topic. Future topics and scheduling will be discussed at the July 9, 2018 planning meeting.</p>		
9. Adjournment	Meeting adjourned at 7:20.	<i>Adjournment</i>	<i>All</i>